

# JEWISH VOICE

SERVING DELAWARE &  
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MAY 2017

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NO 10

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COMMUNITY

THE THEME OF THIS MONTH'S ISSUE, "WAVES OF THE FUTURE," IS AN APPROPRIATE PARADIGM FOR JEWISH FEDERATION OF DELAWARE.

As the community convener, we must position ourselves and our beneficiary agencies to effectively meet the ongoing needs of our community today but also plan for tomorrow. The world is changing at a rapid pace and we must constantly adapt and evolve to **connect, engage, and inspire** our diverse populations.

To ensure we are fulfilling our mission and vision, Federation is nearing the completion of our Best Jewish Delaware strategic initiative. BJD's objective is to take a "pulse" of the community in order to better understand constituent needs and determine key priorities. We collected data through three avenues – Phase I consisted of a series of one-on-one interviews with key stakeholders as well as conducting a number of diverse focus groups throughout the State. Phase II included an online survey. Through this process we engaged volunteer and professional

leadership of our beneficiary agencies, state-wide congregations, Federation donors and supporters, service providers, and an effort of reaching the unaffiliated as part of the information gathering and collection process.

Now that the research phases have been concluded, the next step will be analyzing the data, identifying core areas of service, target populations and future needs, creating a vision, and developing goals and strategies to address the gaps in order to accomplish the vision. The results will be compiled and consolidated into an Executive Summary that will be presented to the community at our Annual Meeting on June 8th.

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## GUEST BARTENDING EVENT



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This YLD gathering will raise funds for our 2017 Annual Campaign benefiting future YLD Programming. **To donate, go to: [ShalomDelaware.org/yld-guest-bartending-event](http://ShalomDelaware.org/yld-guest-bartending-event)**

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Cover photo courtesy of JFNA

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ADS due by: MAY 10

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# ZIONISM & FEMINISM MARCH FORWARD TOGETHER

By  
Stephanie  
Hausner



JCRC CORNER

BY MOBILUS IN MOBILI - WOMEN'S MARCH ON WASHINGTON, COMMONS.WIKIMEDIA.ORG/55796823

## I AM A CARD-CARRYING ZIONIST AND A PROUD FEMINIST, BELIEFS SOME CRITICS APPARENTLY DEEM INCOMPATIBLE.

Zionism is defined as a movement for the re-establishment and the development of a Jewish nation in what is now Israel. When Theodor Herzl started discussing Zionism in the 1880s, it was revolutionary. Zionism aimed to bring an end to the fragility of our Jewish existence and the uncertainty of our future. With this sense of security, it was believed that the Jewish people could contribute more to humanity.

Zionism isn't just about a home for Jews; it's about contributing to the world. When Israel helps African countries with irrigation systems or when Israeli doctors treat victims in disaster zones – it leads through its values.

One of those Israeli values is equality for women. From Israel's inception, women have been equal members of society – much earlier than in the United States. Israel's Declaration of Independence grants "all Israel's inhabitants equality of social

and political rights irrespective of religion, race or gender." Women are protected by law from discrimination, and Israeli society continues to further the advancement of women. Israel has had a female prime minister, supreme court chief justices, and foreign ministers. Women comprise half of Israel's workforce.

Israel protects its women at all stages of their lives. Once a woman is five months pregnant, she receives 40 paid hours over the course of her pregnancy for doctor appointments and pregnancy-related tests. Israel even subsidizes in-vitro fertilization for parents having trouble getting pregnant. Mothers are entitled to 14 weeks of paid maternity leave and up to an

additional 28 weeks of unpaid leave. Once you go back to work, Israel has subsidized daycare for infants and babies. Parents can take sick days to care for sick children. Perhaps in our ongoing feminist battles in the U.S., we should look to our Israeli friends for guidance.

Growing up, I was surrounded by strong Jewish Zionist women – my mom, my aunts, my grandmothers, and my great-grandmother. These women instilled in me the values that led me to spend my adult life at the crossroads of progressive politics and pro-Israel advocacy – and never have I felt these values to be in conflict. Not when I was a member of the Democratic National Committee, nor as an Elected Official.

After the 2016 election, my mom, grandmother, sister-in-law and I all attended the March for Women's Lives

### MORE ON NEXT PAGE

Stephanie Hausner is a councilwoman in Clarkstown, NY, and Director of Community Strategy for JFNA/JCPA Israel Action Network.

This article was originally published on forward.com in commemoration of Women's History month, March of 2017; permission to reprint was given by the author.

## ZIONISM AND FEMINISM

CONTINUED FROM PAGE 3

in Washington. I was concerned that like many progressive efforts in recent years this empowering moment would devolve into an anti-Israel gathering. But we didn't experience that walking down Pennsylvania Avenue. We felt included.

We all come to this intersection of Zionism and feminism from different places. Some of us have decades of organizing experience, coming up in a time where women had limited access to the halls of power. Some of us have come of age in different times. Some remember when *Roe v. Wade* was not the law of the land.

For others, the March on Women's Lives served as the first real test. Women across the United States fight every day for their rights. How can we diminish these voices because they also care about the safety and security of the State of Israel?

There are days I disagree with the actions of the Israeli government, just as many days I disagree with the actions of the United States Congress, and most days I disagree with President Trump. As a Jewish woman, I was taught to question, and I do so often. However, I never question the importance of a Jewish democratic State of Israel just as I never stop fighting for the myriad progressive domestic causes - whether it be pay equity, reproductive health care, access to birth control, paid maternity leave - I feel so passionate about.

# JEWISH VOICE

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# National Young Leadership Cabinet MISSION FURTHERS ROLE OF JEWS IN INDIA

By George J. Danneman

I RECENTLY VISITED INDIA ON JEWISH FEDERATION OF NORTH AMERICA'S (JFNA) NATIONAL YOUNG LEADERSHIP CABINET (NYLC) STUDY MISSION TO CONNECT WITH THE B'NAI ISRAEL, ONE OF THE WORLD'S OLDEST JEWISH COMMUNITIES.

Not only was this the first JFNA mission to India – a country that has strong military ties and trading partnerships with Israel- but with 110 participants from 35 Federation communities, it was the largest-ever NYLC mission anywhere.

The sights, sounds and smells of India were like nothing I've ever experienced, and it was remarkable to spend Shabbat with fellow Jews who have adapted to the local customs and traditions of their Hindu homeland. I had the tremendous pleasure of spending two Shabbats in India; one in Mumbai and one in New Delhi. It is amazing how with so few resources the communities have sustained multiple active traditional Synagogues in which the Torah is read on Shabbat and holidays. From my conversations with the Jewish Youth Pioneers we met, I learned that to do this, Hebrew, Prayers, and Torah are passed down from grandparents to grandchildren through the generations for thousands of years to create a continuum of Cantors and those able to read Torah. It is truly amazing and a miracle how well it has worked and sustained the Indian Jewish community for so long.

From the Indian Jewish community, we can learn the importance of personally taking responsibility for our children and grandchildren's Jewish identity. We are fortunate in Delaware to have the JFNA-sponsored PJ Library, serving children ages 6 months through



**Mission to India** PHOTO COURTESY OF G. DANNEMAN

George J. Danneman, a Delaware resident, is a member of the Jewish Federation of Delaware Board of Directors. George joined JFNA's National Young Leadership Cabinet, the premier leadership philanthropic program for Jewish men and women ages 30-45 across the U.S. and Canada in 2014. National Young Leadership Cabinet is now recruiting for new members. To learn more about Cabinet, email [nyl@jewishfederations.org](mailto:nyl@jewishfederations.org).

**MORE ON NEXT PAGE**

## JEWS IN INDIA

CONTINUED FROM PAGE 5

11 years that empowers us to nurture our children's Jewish identity through age-appropriate Jewish reading.

Also, our Federation dollars, through the American Jewish Joint Distribution

Committee (JDC) and the Jewish Agency for Israel (JAFI), are helping those whose culture and world are so different from our own. Not only does their support provide social and educational services for small communities of Jews but also for those living in poverty regardless of their religious or ethnic background.

It was inspiring to meet with members of the Jewish Youth Pioneers, a JDC-supported

program that trains tomorrow's Jewish leaders. When the NYLC study mission a couple years ago was in Bucharest, Romania and Budapest, Hungary, most of the young Jewish leaders had started their journey at Camp Tsarvas, a JDC-sponsored international Jewish overnight camp located outside Budapest. At that time, we had the incredible opportunity to visit Camp Tsarvas and see it in action. Once again, we heard the Jewish Youth Pioneers in India referencing their Jewish communal leadership journey starting with Camp Tsarvas. It reinforces the importance and success of the Jewish overnight camp experience to creating and maintaining Jewish identity and our future Jewish leaders. Camp Tsarvas accepts a limited number of applicants from the United States and there are also numerous Jewish overnight camps in North America. The Jewish Federation of Delaware is a proud partner of the One Happy Camper Program, which provides grants to qualifying Delaware children wishing to attend Jewish overnight camp.

While India has one of the world's fastest-growing economies, they also have extreme poverty. Seven million children live in slums across India, often without access to education. We visited a slum in Mumbai where we volunteered with participants in the Gabriel Project Mumbai (GPM), an NGO that aims to care for vulnerable children living in slums and poor rural areas of India, through supporting their educational, health, and nutritional needs. GPM sends Jewish young adults on an eight-week volunteer and learning program in Mumbai, through their partner JDC Entwine Global Jewish Service Corps program. GPM volunteers spend their mornings teaching in the slums and preparing nutritious meals. The poverty in India is so extreme words cannot effectively express it. Interestingly, they discovered the more the Jewish young adults volunteered in programs like GPM, the stronger their Jewish identity, even though the programs themselves

**MORE ON NEXT PAGE**




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MAY 8, 2017  
7 PM  
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had seemingly no direct Jewish content. I believe that is because doing acts of Chesed (kindness) brings Jews closer to G-d. In fact, "whoever rejects doing kindness is as if he rejects the existence of G-d" (Kohelet Rabbah 7:4).

I also had the opportunity to meet Daniel Carmon – Israel's Ambassador to India – and learn about the many ways that Israel and India are working together toward common goals as democratic partners in the Middle East. During our meeting, it became quite clear that Israel and India continue to work together on so many levels. In fact, India had just launched some of Israel's satellites immediately before our meeting. These kinds of relationships are invaluable towards helping maintain open dialogues and communication throughout the region to help decrease anti-Semitism and anti-Israel bias in the region.

Together, National Young Leadership Cabinet members will raise funds for two of the programs we visited: Gabriel Project Mumbai and JDC's Youth Pioneers Program. To date we've raised over \$37,000. We are doing our own part to directly help the Jewish community of India in response to our direct experience and after a thoughtful needs assessment. I am also now a lifetime member of the Mumbai JCC and the funds from my membership will be used to create more beds for Jewish infirm seniors in Mumbai.

Engaging with those most in need through the work of our Federation partners deepened my belief that we are capable of the greatest good when taking action on our Jewish values together. My invaluable time with NYLC continues to provide me with opportunities to see our dollars in action first-hand and be a part of the amazing work that JFNA does in Delaware and around the World. Together, through Chesed (Kindness), Tzedakah (Charity) and Ahavat Yisrael (Love of Israel), we further our roles as Jews and service of G-d.



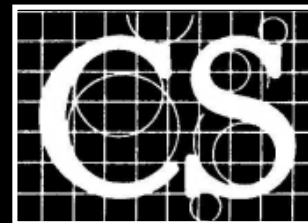
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**Please join us for this important forum. Learn more about the difference between a hate incident and hate crime, the roles of federal, state, and local agencies in responding to and preventing hate crimes, and explore resources that exist at the local and national level.**

**The panel will include U.S. Department of Justice representatives from the FBI and U.S. Attorney's Office, in addition to state representatives and local law enforcement.**

**There will also be an opportunity for Q & A and dialogue.**

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The Community Relations Service (CRS) is a division of the Department Of Justice that was established by Title X of the Civil Rights Act of 1964, and their mandate includes serving those communities that are the victims of hate crimes.

The CRS was created to work at the community level to bring people together for critical dialogue.

# What will your Jewish legacy be?



“ It is gratifying to know that our legacy gifts will combine with those of others to help ensure the vitality of local Jewish institutions well into the future. By fostering Jewish commitment, these institutions will continue to enrich individual lives, the community, and Jewish life in Israel and throughout the world. ”

~ Sylvia and Mark Wagman



Create A Jewish Legacy is a program of Jewish Federation of Delaware's Jewish Fund for the Future and is funded in part by the Harold Grinspoon Foundation.

[ShalomDelaware.org/Legacy](http://ShalomDelaware.org/Legacy)



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For more information about Create A Jewish Legacy, contact Rachel Jacobson, Create A Jewish Legacy Program Coordinator, at (302) 427-2100 or [Rachel@ShalomDel.org](mailto:Rachel@ShalomDel.org).



# JEWISH FEDERATION OF DELAWARE RECEIVES 2017 MUSE CREATIVE AWARD

FEDFOCUS



By JFD Staff

The Jewish Federation of Delaware has won a Rose Gold recognition in the 2017 MUSE Creative Awards for its monthly publication, the **Jewish VOICE**.

The Muse Creative Awards is an international annual competition for creative professionals who inspire through concept, writing or design, whether through traditional or electronic media.

With over 1,500 submissions from 35 countries worldwide, winners were selected from a field of entries representing many well-known international brands. Being reviewed and recognized against such high quality entries is truly a great honor.

This year's Jury Panel included 47

renowned, experienced, and brand new Judges from 19 countries worldwide. Judges hailed from leading companies in the creative industry from all corners of the globe, and include professionals from such power brands as Guinness World Records, Grayling, Ogilvy & Mather, Grey, etc.

"As a nonprofit organization with limited resources, it is especially meaningful to be recognized for our work among a highly competitive field," stated Seth J. Katzen, Chief Executive Officer of the Jewish Federation of Delaware.

Federation's winning entry is posted on the MUSE website at: [museaward.com/winners/4/174/607](http://museaward.com/winners/4/174/607)

# JEWISH FEDERATION OF DELAWARE RECEIVES THREE 2017 HERMES CREATIVE AWARDS

By JFD Staff

The Jewish Federation of Delaware has received three awards recognizing creativity and marketing excellence from the 11th Annual Hermes Creative Awards competition, honoring the messengers and creators of traditional and emerging media ([HermesAwards.com](http://HermesAwards.com)).

Federation received five awards in the following categories:

- **Platinum Award** in the Annual Report Category for its **2015-2016 Report to the Community**
- **Gold Award** in the Newsletter Category for its monthly publication, the **Jewish VOICE**
- **Honorable Mention** in the Outdoor Category for its **We Are Stronger TOGETHER** campaign



Hermes Creative Awards is an international competition for creative professionals involved in the concept, writing and design of traditional and emerging media. Hermes Creative Awards recognizes outstanding work in the industry while promoting the philanthropic nature of marketing and communication professionals.

Hermes Creative Awards is administered and judged by the Association of Marketing and Communication Professionals ([amcpros.com](http://amcpros.com)). AMCP oversees awards and recognition programs, provides judges and rewards outstanding achievement and service to the profession.

"With approximately 6,000 entries in this year's competition, landing three awards among such a highly competitive playing field is a true testament to the dedication of our staff and lay leadership as well as our commitment to excellence," stated Seth J. Katzen, Chief Executive Officer of the Jewish Federation of Delaware.



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## PJ MOM'S NIGHT OUT

PHOTO CREDIT: THE ESCAPE ROOM

A great night was had at our PJ Library Moms Night Out Fundraiser at the Escape Room and Ulysses. Thank you so much to everyone that participated and the amazing PJ Library Committee!



## JEWISH DELEGATION MEETS WITH US ATTORNEY GENERAL JEFF SESSIONS

PHOTO COURTESY OF JCCA

Ivy Harlev, Executive Director of the Siegel JCC, was honored to be included in a delegation that met with Attorney General Sessions in Washington, DC on March 30, 2017. The delegation included the heads of national Jewish agencies and three other JCC Executive Directors. Together, they expressed their deepest appreciation for the resources that the government dedicated towards finding the person(s) responsible for the recent bomb threats to JCCs across the country. They also expressed their hope that the government continues to recognize and value acceptance of all people with a zero tolerance for discrimination. Attorney General Sessions and his team were eager to listen, engage and commit to this goal.

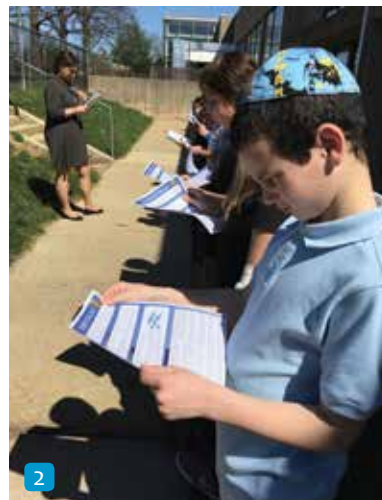
From left: Barak Hermann, CEO, JCC of Greater Baltimore; Michael Feinstein, CEO, Bender JCC of Greater Washington, in Rockville, Md.; Ivy Harlev, Executive Director, Siegel JCC in Wilmington, Del.; Doron Krakow, President and CEO, JCC Association of North America; Stephen P. Seiden, Chair of the Board of Directors, JCC Association of North America; U.S. Attorney General Jeff Sessions; Betzy Lynch, Executive Director, Levite JCC in Birmingham; Jonathan Greenblatt, CEO and National Director, Anti-Defamation League; Jerry Silverman, President and CEO, the Jewish Federations of North America; Richard Stone, a previous Chairman of the Conference of Presidents of Major American Jewish Organizations; Paul Goldenberg, National Director, Secure Community Network.



## OUT & ABOUT WITH DANA



1



2

**1. Hedy Mintz with UD students teaching at the Jewish cooking class, Hamantaschen for Purim** PHOTO BY DANA BERMAN

**2. Dana Berman and Einstein students read The Spirit of the IDF while doing IDF training** PHOTO BY OSNAT DAVID



## USHMM VISIT

PHOTO COURTESY OF HEC

On March 17, 2017, approximately 30 attendees from the Department of Corrections visited the United States Holocaust Memorial Museum. The trip was sponsored by the Holocaust Education Committee.



## AIPAC

PHOTO COURTESY OF RABBI M. BEALS

Delaware Delegation to AIPAC stands outside of DE Representative, Lisa Blunt-Rochester's office in Washington, DC.



## COMMUNITY UNITY RALLY

PHOTO CREDIT: DONNA HARLEV

On Sunday, March 19th, directors of local non-profits swung into action to combat hate at a Unity Rally held at the Jewish Community Campus. Hundreds of community members of all faiths and backgrounds came together for a day of solidarity.

1. Executive Director of the Siegel JCC, Ivy Harlev rallies the crowd
2. Senator Chris Coons addresses the crowd
3. We are Stronger Together
4. Governor Carney applauds with Imam and crowd
5. People joined in unity



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## KUTZ HOME

PHOTOS BY SALLY GOODMAN



1. AEA students performs for Kutz Home residents 2. One of Albert Einstein's Winnie the Pooh Bee's says hi to her "Chana" while performing at The Kutz Home



## JEWISH FAMILY SERVICE

1. JFS volunteers bid fond farewell to Director of Older Adult Services Maggie Ratnayake

PHOTO BY MEREDITH STUART

2. JFS' Food Pantry is stocked by food drives like this one. PHOTO COURTESY OF JFS

3. Volunteers from Fulton Bank delivered a truck full of food donations for JFS' Bag Hunger Food Pantry. PHOTO BY MEREDITH STUART







**1. Zev Alexander (center) and fellow millennial panelists Sam Finkelman and Elana Metz address the audience at a DVLI program about Israel on 3/19** PHOTO BY DONNA HARLEV

PHOTO BY DONNA HARLEV

**2. (Left to right) Maddie Osbourn, Ashleigh Lustgarten, and Ava Reisman tried oatmeal face masks at our Girls Night In: Spa-Tastic program on 3/18**

PHOTO BY SARAH ROBINS

**3. Anna and Alex Petrin celebrating Purim in the ECC along with their grandparents** PHOTO BY DONNA HARLEV

**4. All ages came to show their support at the Unity Rally at the J on 3/19** PHOTO BY DONNA HARLEV

**5. (Left to right) Kerin Hearn, Jonathan Schoff, Carrie Cook, Barbara Levitt, Isobel Sollenberger and John Gibbons at the ArtSpace Opening Reception on 3/12** PHOTO BY DAN BRODY

**6. Jesse Miller with sons Spenser and Oliver give Pooh some high fives during the Character Breakfast on 3/19** PHOTO BY DONNA HARLEV



**1. Einstein students in lead roles in their spring play Disney Winnie the Pooh Kids** PHOTO BY BARRY CRELL

**2. Select members of Einstein's Gan lead at the Model Seder** PHOTO BY SYLVIA WAGMAN

**3. Einstein Alumni (l to r) Emily Harad, Maddie Driban, Mark Stape, and Aaron Kogan pose with a pie to kick off the Einstein's Pi Day Challenge** PHOTO BY MARLA COOPER





## TEMPLE BETH EL'S 18TH ANNUAL BASKETFEST

PHOTO CREDIT: SHARON FULLERTON PHOTOGRAPHY

1. Cailah Ogden and Jon Wolff sell tickets
2. Ruth Southland and Carol Freedman hope to win
3. Ben Kraines delivers a basket to the lucky winner
4. Phyllis Seidel stands in front of the quilt she made
5. JBasketFest 2017



## CONGREGATION BETH EMETH

PHOTOS BY JAMYE COLE

Mrs. Zaback's 4th grade class at Congregation Beth Emeth visited the residents at Lodge Lane and brought some springtime cheer.



1. Class singing Hebrew songs
2. Children giving flowers to the residents



# WAVES OF THE FUTURE

By Sophia Platsis  
Einstein 4th Grader



Sophia Platsis at recess with her classmates PHOTO BY EINSTEIN STAFF

## ALBERT EINSTEIN ACADEMY IS PREPARING KIDS FOR THE FUTURE.

This year at Albert Einstein Academy, the curriculum theme is Einstein Goes Outdoors, and it's amazing how much you can learn from nature that will prepare you for the future! We are learning ways to appreciate nature, how to take care of the earth, and how to connect the lessons of the Torah to nature. As Albert

Einstein said, "Look deep into nature, and then you will understand everything better." No one can really understand everything, but I do feel more prepared for the future.

First, the outdoor theme helped us get to know the outdoors better. Some kids prefer video games or watching TV, so it's nice for kids to get outside during the school day if they don't make time to do it at home. We try to go outside every day to study and play together. We do a lot of our work outside, like journaling about the outdoors. Weather doesn't stop us from going outside! We go outside for recess even if it is muddy or snowing. We all brought boots to school, and some kids even went sledding! Others learned to climb trees. "I used to feel that I was not strong. Now after climbing trees, I feel like I could hold weights," says my classmate Max. In addition, my fourth grade class just finished a unit about the Native Americans of the U.S.A. We learned how the Native Americans used nature for everything, and how they wasted almost nothing, which is amazing, if you think about how much we waste each day.

Fortunately, our school's curriculum teaches us how to take care of the earth. The Green Team helps us do this. The Green Team's goal is for older students to teach younger students how to make the school more earth-friendly. We do things like composting, recycling, and reducing garbage. We bring our own water bottles, and we grow an herb garden. Every other year we go on an overnight trip to Chesapeake Teva. Teva is where the upper school students learn most of what we know about taking care of the earth. This year, as part of a Delaware Forestry Urban and Community Forestry Grant, we will be planting trees as a school for the benefit of everyone on campus. As my classmate Ben says, "A small seed sprouts into a mighty oak."

Lastly, through our Jewish studies, we connect the lessons of the Torah to nature and making the earth better. Every morning we say we are thankful for waking up and starting a new day. Some people say that God recreates the world each day, so it is like waking up to a different world every day! Also, we sing Hallel every Rosh Chodesh and holiday. From these prayers we learn that God gave the earth to humanity, and if we pollute and destroy the environment, no one will be there to clean it up except us. My classmate Emma put it this way, "Plants growing will create new lives, and no more destruction will make world peace." It's very important to know this so we can help fix the earth for future generations, because if we don't, then no one will.

Albert Einstein Academy is preparing me for the future by helping all the kids (big and small) understand more about nature and the world around them. It also helps us learn more about the Jewish culture and the Hebrew language.

My classmate Mai says, "The school feels like one big family." After all, we are all united on this planet that we share, so we must work together to take care of it.



Albert Einstein Academy is a Beneficiary Agency of Jewish Federation of Delaware.

# A COMMUNITY OF VOLUNTEERS

## Introducing Sarah Hoover, JFS' Volunteer Coordinator

By Meredith Stuart

Marketing & Development Specialist

### JFS IS PLEASED TO INTRODUCE OUR NEW VOLUNTEER COORDINATOR, SARAH HOOVER.

Born and raised in Wilmington, Sarah first joined JFS as a volunteer last year. In her new position, Sarah will build on current volunteer opportunities and integrate them across the agency.

"I am thrilled to be serving JFS, our dedicated volunteers and our clients," Sarah says. "Delaware is so close-knit. Our volunteers love being able to help others in their own community."

JFS' method of volunteer engagement is unique. We match volunteers to their interests and create opportunities for them to provide direct and indirect service. With Sarah at the helm of JFS' Volunteer Program, volunteers recruited through specific programs will have the opportunity to get involved in activities that support more of our clients.

JFS volunteers help older adults maintain their independence and support refugee families settling in Delaware. At first, the two impact areas seem distinct. But at their core, each program mobilizes volunteers to build a sense of safety and home for JFS families.

"Regular assistance from volunteers is a lifeline for many older adult members of our Brandywine and Sussex Village Networks," explains Karen Commeret, JFS' Program Leader for Care Management Services.



**Sarah Hoover** PHOTO CREDIT: MEREDITH STUART

Volunteers like Joshua Stull, 13, and his mom, Christina Renzette help members with yardwork and chores around the house – activities that are often difficult to keep up with as we age.

Last year, volunteers drove members more than 12,000 miles. These rides ensured that older adults reached their doctors, beauty salons, grocery stores, and more.

"If we want to keep everyone safe, we have to step up and help," says JFS volunteer and board member Emily Nisbet. "I've learned that there aren't great transportation options around here. If you can't drive and don't have family in the area, it's difficult to get anywhere."

"That's why JFS is so important," Emily continues. "We make sure that people who don't drive anymore can still get where they need to go."

"It's a quick and easy way to help out

**To make a difference as a JFS volunteer, contact Sarah Hoover at [shoover@jfsdelaware.org](mailto:shoover@jfsdelaware.org) or (302) 478-9411.**



someone in your community," Sarah adds. "Some rides are as fast as 15 minutes, and we are always accepting new volunteer drivers."

When the agency launched its Refugee Integration Support Effort (JFS RISE) in January, JFS engaged volunteers to help.

Volunteers help to locate suitable housing for refugee families before they arrive. They cook meals for the family's first week in the country, drive them to doctors' appointments, and make sure that they feel a sense of community.

"When a refugee family first gets here, our volunteers take them around the neighborhoods," Sarah says. "They show them things like where to go shopping and where the schools are. These are small gestures for us. But for these families, they are some of their first memories of the place that they'll hopefully call home."

According to Sarah, it is the volunteers she works with who make her job so satisfying. "Since starting this job, I have been so inspired by the Delaware community," she says. "Volunteers are at the heart of what we do at JFS. It is inspiring to see how many good people are out there willing to help others."



*Jewish Family Services of Delaware is a Beneficiary Agency of Jewish Federation of Delaware.*

# EMBRACING YOUR JEWISH YOUTH

By Sarah Robins

Community Outreach Consultant



## MID-ATLANTIC JUNIOR MACCABI GAMES

May 7, 2017

8:30 AM – 5 PM

To learn more or find out how you can help, visit [www.siegeljcc.org/youth-sports/jr.-maccabi-games/](http://www.siegeljcc.org/youth-sports/jr.-maccabi-games/) or contact [Sarahrobins@siegeljcc.org](mailto:Sarahrobins@siegeljcc.org)



*Siegel JCC is a Beneficiary Agency  
of Jewish Federation of Delaware.*



Dan Suher, a millennial and Maccabi Games alum PHOTO BY JAIDY SCHWEERS

I NEVER FULLY UNDERSTOOD THE IMPORTANCE OF MY JEWISH HERITAGE AND IDENTITY UNTIL I WAS IN MY MID-TWENTIES.

For me, growing up Jewish wasn't something that I was proud of or wanted other people to know about me. Being Jewish meant that I was different, that I didn't fit in, and that I had to miss school for "those Jewish holidays" that no one else knew about or understood. In other words, being Jewish felt more like a burden than something to be celebrated. Because of my resistance to Judaism, I rejected the idea of participation in Jewish youth groups and programs like BBYO and Junior Maccabi. It wasn't the "cool" thing to do, I had told myself.

Fast forward fifteen years and I sit now with the uncomfortable realization that I not only missed out on fun ways to socialize and connect with other Jewish kids, but that, more importantly, I missed the opportunity to develop a deeper spiritual and cultural connection to my own identity and my community.

I recently interviewed Dan Suher, a millennial who participated in the Junior Maccabi Games at age 12. His story is very different from mine in that he embraced his Jewish identity through youth and teen programs. He emphasized how exciting and meaningful the Junior Maccabi Games were for him. Now at the age of 30, Dan reflects on the Games as not only a momentous experience with Jewish peers, but as a building block for his commitment to sports and connection to the Jewish community.

"In a lot of ways, the Junior Maccabi Games were building blocks for me. Being in the International Maccabi games was a goal of mine, and I don't think I would have known about the International Games had it not been for my incredible experience at the JCC Junior Maccabi Games" Dan said.

MORE ON NEXT PAGE



## EMBRACING YOUR JEWISH YOUTH

CONTINUED FROM PAGE 18

He also continued to express his fond memories of Junior Maccabi and the life-long connections that he made during the Games. Dan told me that “Fifteen and sixteen years later, there are still people that I’m in touch with from those Games. And I still have my medals from Junior Maccabi as a reminder of the experience that day.”

The Junior Maccabi Games are more than just a friendly competition among Jewish peers. The Games remain an opportunity for Jewish youth to come together to practice core Jewish values such as teamwork, sportsmanship, and spirit. As I encourage the Jewish youth of today to participate in the Games, I am heartened and inspired by their enthusiasm and energy. Although I am disappointed by the missed opportunities of my youth, my passion and dedication to my Jewish roots have been reignited by experiencing the excitement surrounding the 2017 Junior Maccabi Games hosted by the Siegel JCC.

As we get closer and closer to the day of the Games, we are eager to encourage community members to get involved as well. There are many opportunities for volunteering as well as opportunities to donate or support the Games through sponsorship, shout-outs, or company advertisements. As a community, it is important that we come together to encourage and support our youth and have a lot of fun while doing it!



Communications  
Director, Anna Saul  
with son, Noah  
PHOTO BY DONNA HARLEV

## THE J INTRODUCES NEW COMMUNICATIONS DIRECTOR

By JCC Staff

The Siegel JCC is pleased to announce the promotion of Anna Saul to Communications Director. In this new role, Anna will be responsible for providing direction and oversight for all Marketing and Public Relations activities for the J.

“I’m looking forward to sharing all of the wonderful programs and services that the J has to offer to new members and to the community, while making sure we’re keeping our current members engaged in what’s happening at the J,” says Anna.

Anna spent the last 15 months as the Executive Assistant at the J, working directly with staff across all departments, as well as with the Board of Directors and its various committees. Prior to joining the J community, Anna worked for Comcast Cable in Philadelphia, where she designed processes targeted at improving the customer experience.

Anna’s current favorite topics of conversation include:

- How many pies-in-the-face will be thrown at Camp JCC this summer
- Whether this is the summer when her 18-month old will be ready for the water slide at the Outdoor Pool
- How many times she can photobomb during Opening Ceremonies of the Junior Maccabi Games on May 7th

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“We really appreciate your guidance through the process of selling our home. Your task of communicating and negotiating to make all parties satisfied is not easy. We recognize your professionalism.” – Dana & Vipa

“Fantastic! Well done, Sir. Seems that I heard correctly...  
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# SPIRITUAL WELL-BEING IN THE ELDERLY

By Chaplain Mollie Epstein  
The Kutz Home

RELIGION AND SPIRITUALITY ARE IMPORTANT SOCIAL AND PSYCHOLOGICAL FACTORS IN THE LIVES OF OLDER ADULTS.

Research has shown that one's spirituality can influence both physical and emotional health. According to a study conducted at the University of Florida (Gainesville) and Wayne State University in Detroit, older adults use prayer more than any other alternative therapy for health. Prayer and spirituality have been linked to better health, less hypertension, more positive feelings, less depression, and greater psychological well-being.

Spirituality is personal, and everyone's spiritual path is unique. At the Kutz Home spirituality is embraced as an integral component of overall health and well-being. Many opportunities exist to foster spiritual connection, promote healing, and preserve good health. As the Jewish nursing facility in Delaware, Jewish traditions and customs are honored as a part of daily life. Residents find comfort in the availability of our chapel and religious services. Time-honored traditions are upheld and cultural, as well as religious, connections maintained.

Our most recent holiday celebrations were a perfect example of the benefit of spiritual life. The Kutz Home's Seders provided the setting for multi-generational interaction while recounting our shared history. Residents were able to recite the blessings and perform the age old Seder rituals of dipping, dripping, creating the Hillel sandwiches, 4 questions – and answers, all choreographed to help pass our history from the senior to the younger generations. Many residents recounted stories of Passover preparations and Seders during their youth and expressed their sense of fulfillment at experiencing these rituals again.

Observances such as these can serve to inspire rediscovery of a forgotten spiritual path, reinforce commitment to an already established one, or just provide food for thought. In the end, we all have the ability to connect with our spiritual self. Many strategies are available that have proven helpful. Check them out and see which may work for you.



Kutz Home resident lighting candles on Shabbat PHOTO BY DONNA HARLEV



The Kutz Home is a Beneficiary Agency  
of Jewish Federation of Delaware.

# THE WOMAN WHO BUILT THE JEWISH COMMUNITY AT UD

By Isabelle Perlman and Julia Brody

AS HER 95TH BIRTHDAY APPROACHES, YETTA CHAIKEN REFLECTS ON HER LIFE AS A UD STUDENT, A TEACHER, AND A JEWISH WOMAN.

Her friends and colleagues recognize her for her kind spirit, loyalty to UD, and unwavering commitment to Hillel.

Born in 1922 and growing up during the height of World War II, Yetta says an “anti-Jewish sentiment” was felt throughout the world—especially in Wilmington, Delaware, where she was raised. Fortunately, Yetta says she was oblivious to the rampant anti-Semitism of the time. Her parents immigrated from the Ukraine to the U.S. at the turn of the century and were determined to make sure their children would have a better life.

During a time in which men went to college and women became secretaries, Yetta’s father encouraged her to take the academic route and go to college. Sure enough, Yetta became a Blue Hen and majored in history. She remembers back to her commute from Wilmington to Newark with five other girls, where the road was a single lane and had only one traffic light. At the time UD had a college for women on South campus, which was separate from the men’s college. Not only were the men and women separated, but the Jewish students stayed separate as well. Yetta’s friends were all Jewish and there were several “Jewish tables” in the



Yetta Chaiken PHOTO BY J HEISLER PHOTOGRAPHY

cafeteria, but she was not bothered by this. This was simply the way things were, she said. Jews were treated poorly, so they stuck together.

Yetta went on to become a teacher at Mount Pleasant High School in Wilmington. The injustices of being a woman became clearer to her during that time. A female teacher in the science department, she remembers being given a smaller salary than the men in the same department. Unwilling to bend to the rules of society, Yetta became active in the women’s movement and the League of Women

**MORE ON NEXT PAGE**



## END OF YEAR CELEBRATION

**Monday, May 15th at 7 PM**  
**Kristol Center for Jewish Life**

*The UD Hillel Board of Directors and Staff are celebrating Yetta’s commitment to UD Hillel and her 95th birthday.*

**RSVP at [udhillel.org/letscelebrate](http://udhillel.org/letscelebrate)**



UD Hillel is a Beneficiary Agency of Jewish Federation of Delaware.



## THE WOMAN WHO BUILT THE JEWISH COMMUNITY AT UD

CONTINUED FROM PAGE 21

Voters. At Mount Pleasant, she taught the first course about the history and culture of women, and called it “You’ve Come a Long Way, Baby.” When she taught at Warner Junior High School, the difficulty of being both a woman and a Jewish person fused together. While teaching the American Revolution, she came up with the idea of borrowing artifacts from the Delaware History Museum to bring into class. Rather than praising her creativity, the other teachers ridiculed her because she was Jewish.

Nevertheless, Yetta never let anyone stop her from doing what she wanted. One of her proudest moments is when she helped turn the Hillel, which once was located above the 5 & 10 on Main Street, into what it is today: the Kristol Center for Jewish Life. The family that owned the 5 & 10 was Jewish and therefore allowed Hillel to use their space to meet, but the Jewish community on campus wanted a space of their own. Hillel’s board desperately needed funds to build the center. It was after Yetta ran into Dan Kristol, whose late father had recently passed, that she suggested he name the Hillel building in his memory.

Yetta and her late husband, Frank, were dedicated to supporting Jewish life at UD. Not only did they play a huge role in getting the space for Hillel, but they also endowed the Jewish Studies department at UD. Jay Halio, past interim director of the Jewish Studies department, praises Yetta for expanding the program because it has strengthened Jewish life at UD and allows both Jewish and non-Jewish students to learn more about Judaism.


Yetta’s impact on the UD campus is apparent when looking at the two buildings, the Kristol Center and The Frank and Yetta Chaiken Center of Jewish Studies on West Delaware Ave. These two lively buildings

represent Yetta’s huge influence in building the Jewish community here on campus. Even though Yetta has done so much for the Jewish community, she remains humble and insists that maintaining these centers is not a one-woman show, especially since she lives a very busy life, even at the age of 94. In fact, she says she has lived the best life of anybody. She takes classes every week and is deeply interested in learning about space. She is blown away by the discoveries that have been made in her lifetime and encourages everyone to continue learning, because she says, it is the most important tool we have.

Executive Director of Hillel and longtime friend Donna Schwartz, celebrates Yetta’s upcoming 95th birthday by admiring her everlasting brilliance, wit, and superior knowledge of wine and chocolate. “So many things are because of her,” says Schwartz. Dan Kristol, a member of Hillel’s Board of Directors, agrees, acknowledging Yetta’s incredible leadership, support, and inspiration.

Yetta’s life reminds us that our lives are what we make of it. “Most people lead lives of quiet desperation,” she quotes Thoreau, but Yetta did not censor herself for anyone. 95 years later, she leads a life of vibrant optimism. Happy birthday, Yetta!

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The AKSE adult dancers perform in 1985 PHOTO PROVIDED BY FAITH BROWN

# AKSE CELEBRATES 60 YEARS OF CELEBRATING

By Mark Wagman  
Adas Kodesch Shel Emeth

EVERY MAY ADAS KODESCH SHEL EMETH PRESENTS A CELEBRATION OF ISRAEL IN SONG, DANCE, AND MUSIC. IT IS A UNIQUE DELAWARE SYNAGOGUE AND COMMUNITY TRADITION THAT HAS FLOURISHED NOW FOR 60 YEARS.

The precursor to the celebration was the formation of a Yiddish song group by Faith and Louis Brown in 1955. Together with several friends, including Naomi Goldstein and Bert Tanzer, they entertained seniors at

the Bichor Cholem home, the predecessor to the Kutz Home. The president of Adas Kodesch, Isadore Tanzer, suggested the

**MORE ON NEXT PAGE**



Faith Brown leads the  
AKSE choral group in song  
PHOTO PROVIDED BY FAITH BROWN



i

## CAFÉ TAMAR

*L'dor Vador – From  
Generation to Generation*

May 29

6:30 PM

Adas Kodesh Shel Emeth

4412 Washington Blvd.

Wilmington

### ADMISSION:

\$10 with advance payment,

\$12 at the door

### INFORMATION:

302-762-2705,

office@akse.org

## AKSE CELEBRATING 60 YEARS OF CELEBRATING

CONTINUED FROM PAGE 23

formation of a choral group. Then, in 1957, the choral group under Faith's direction and dancers under Faith and Lou's direction presented a concert, and a new tradition was born.

For the first several years, the concert was called the Festival of Jewish Music. Faith recalls that Avi Ini suggested that the name be changed to Café Tamar. The name stuck, and for many years an Israel café format was used, with the audience sitting around tables with refreshments, and occasionally a full meal available.

Café Tamar has long been a feather in AKSE's cap, earning the congregation a well-deserved reputation for musical talent. The program has evolved and expanded, encompassing Israeli, Yiddish, Chassidic, Klezmer, cantorial, Broadway, folk, barbershop quartet, and classical music, always with a Jewish connection. A typical program includes vocal and instrumental soloists and ensembles, and youth and adult dancers. In recent years, concert organizers have gone outside the congregation to expand its pool of talent and make the concert a truly community-wide celebration of Israel. The AKSE choral, dance, and

Klezmer groups have also spread musical joy well beyond the venue of Café Tamar, performing throughout the community and region, as far away as New York City.

Café Tamar has always presented a mix of new and old music and new and returning performers. New acts keep the show fresh for a loyal audience. But there are also perennial favorites. Lou and the Brown's son, David, have performed a Chassidic dance called Rikud Shebalev on several occasions over the years. Each time it is a rousing crowd pleaser. Accordionist David Gesterak performed annually for a quarter century. The professional violinist Eliezer Gutman has become a regular performer at Café Tamar. And one year members of the visiting Russian Ballet Theatre took the stage and surprised and delighted the audience with their take on Israeli and Chassidic dance.

The Browns have had a long love affair with Israel and with Jewish music and dance. Soon after their marriage in 1948, they left to work on a kibbutz in the young Jewish state. Their long-standing leadership of Café Tamar was a way for them to perpetuate and share their love of Israel. Just three months after each show, they would begin planning and preparing for the next year's show. Faith said, "It was exhausting, but a labor of love." The audiences have always been appreciative. For many years, their number one fan was Rabbi Leonard Gewirtz, the longtime spiritual leader of AKSE. Every year he would send the Browns a thank you letter after the "inspiring concert." Once he noted, "We were transported to Aretz (i.e., the Land of Israel) and lived in its song and dance!"

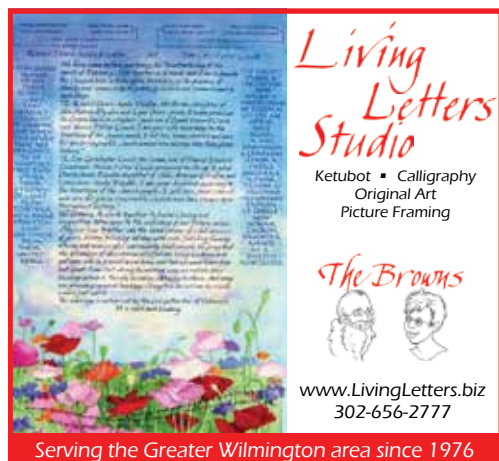
This year's concert is entitled *L'dor Vador – From Generation to Generation*. It is a fitting theme as the Browns gradually pass on the treasure and the responsibility of Café Tamar to subsequent generations. This year's celebration marks both the 60th anniversary of Café Tamar and the 50th anniversary of the reunification of Jerusalem.

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# GAIL WEINBERG TO BE HONORED AT AKSE



**Gail Weinberg**  
PHOTO SUBMITTED BY G. WEINBERG

**By Karen Moss**

Event Committee Chair

Lifelong Jewish educator, Gail Weinberg, will be honored at a brunch at Congregation Adas Kodesch Shel Emeth for 33 years of dedication to Jewish education in our community.

She has also educated Jewish youngsters in Boston, Lexington and Lowell, Massachusetts, as well as in St. Louis. As she steps down from her position as principal of the Adas Kodesch Shel Emeth Talmud Torah, Gail has logged in nearly 45 years of experience as a Jewish educator, touching the lives of countless students.

Gail came to AKSE in 1983 with boundless energy and enthusiasm and an unwavering commitment to Jewish education. She also came with impressive credentials. Gail received a BA and MA from Simmons College in Boston and a Master of Social Work degree from the Brown School of Social Work at Washington University of St. Louis. Her Judaic education includes a Bachelor of Jewish Education degree, cum laude, with teaching certification from Hebrew College of Brookline, Massachusetts. In addition, she spent a year of study at Hebrew University in Jerusalem.

After serving as a teacher for nine years, Gail was asked to become school principal. She served as a marvelous mentor to her staff, handled administrative

issues with tremendous attention to detail and continued to teach students whenever needed. Gail always gave one hundred percent of her prodigious skills, knowledge, energy and talent to her school, teachers, and students.



## GAIL'S RETIREMENT BRUNCH

**Congregation Adas Kodesch Shel Emeth**  
4412 Washington Blvd.

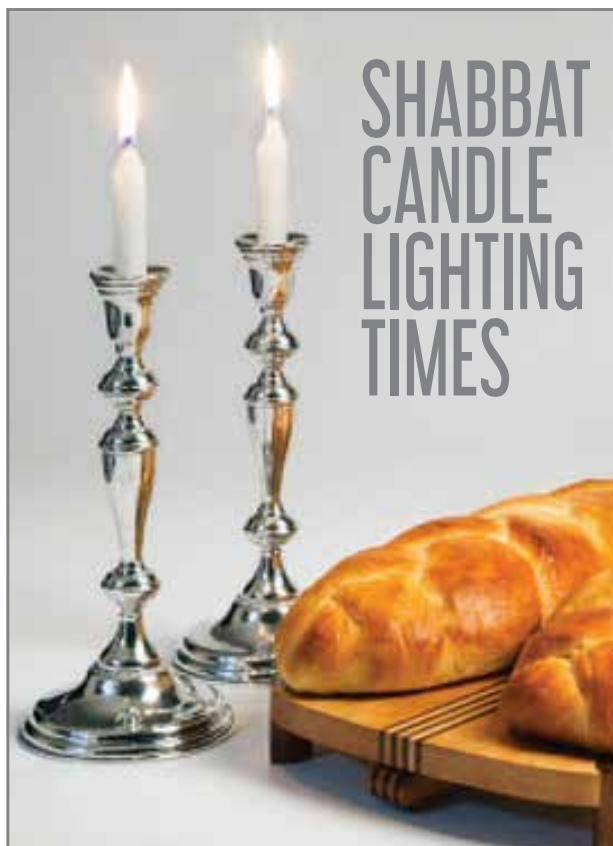
**June 18 at 11 AM**

**RSVP by June 5th**

**Cost is \$20 per person, paid in advance.**  
**For further information, please contact**  
**the Adas Kodesch Shel Emeth office at**  
**302-762,2705 or [office@akse.org](mailto:office@akse.org).**

In addition to the celebratory brunch, a Memory Book with Hebrew School photos and well wishes is being assembled to be presented to Gail at the brunch.

If you would like to place a greeting in this book, contact Dawn Abukasis [dabukasis@yahoo.com](mailto:dabukasis@yahoo.com).



FRIDAY, MAY 5, 2017  
Light candles at 7:43 PM  
Shabbat, May 6, 2017  
Shabbat ends at 8:46 PM

FRIDAY, MAY 12, 2017  
Light candles at 7:49 PM  
Shabbat, May 13, 2017  
Shabbat ends at 8:54 PM

FRIDAY, MAY 19, 2017  
Light candles at 7:56 PM  
Shabbat, May 20, 2017  
Shabbat ends at 9:02 PM

Friday, May 26, 2017  
Light candles at 8:02 PM  
Shabbat, May 27, 2017  
Shabbat ends at 9:08 PM



# FINDING SUPPORT IN COMMUNITY

By Ellen L. Weingart  
CBS Member

As a Hebrew school kindergarten teacher, congregant Donna Miller is at Congregation Beth Shalom fairly regularly. It was during one of those times last fall that a fellow congregant asked if she was going to the congregation's newly formed support group.

"I asked a few questions about it and decided to try it," said Miller, who had lost her mother in August.

"[The group is] a kind of hybrid for people undergoing life transitions," said Renée Felder, who facilitates the group. "It's not just for someone dealing with the loss of a loved one. One lady is recovering from a stroke and dealing with the loss of her previous life." Another participant lost a sister and another's child was born with an ongoing serious illness.

"The group provides an opportunity for people to share and to come together to get and give support," said Felder, a congregant and a clinical social worker with her own practice. "People [in the group] are in different stages of loss — some very recent, some several years ago," said Miller. "We're all dealing with the loss of what will never be."

She stresses that the group is not meant to be a counseling session. "It's for support," she said. "It's nice to connect with people I didn't really know before. I see these women at synagogue and services and now I also see them in a different way. We generally don't know what's going on in someone else's life."

Rabbi Michael Beals, CBS's spiritual leader, stresses the importance of the support group. "Often a congregant will suffer a loss, and as time goes by, it is assumed that the congregant has healed and moved on. And often people can 'fake' moving on for the sake of their loved ones," he said. "But healing is a process and it often needs help and nurturing and time."

Miller admits she was initially concerned that the group would become oppressive. "Renée makes it a really safe place to talk," she said. "You speak if you want; if you don't, that's fine, too. It's more of a conversation. One loss brings up other loss issues and the need to deal with that.

People grieve differently." Miller's father died when she was 11. "I didn't really grieve when he died. I didn't have the skills I have now," she said, adding that tissues are always available when the support group meets.

Felder said the group is built on confidentiality. "What's said in the group stays in the group," she said.

Generally meeting every other week at the synagogue, the group kicked off with an orientation that discussed the traditional steps in the grieving process. Following up on a suggestion from Rabbi Beals, the group is reading *Healing from Despair: Choosing Wholeness in a Broken World* by Rabbi Elie Kaplan Spitz. The book explores the nature of despair using Biblical and historic figures and Spitz's own personal crisis, including hospitalizations for suicidal thoughts. *Healing from Despair* offers tools for rising from despair, often through performing acts of kindness, helping others in need, and following the tenets of Torah.

"The book is very helpful. I've recommended it to a few people, some of whom aren't Jewish. It shares meaningful insights," said Miller.

Following suggestions from the book, she wrote a letter to her mother and another letter from her mother to her. "It was a very helpful exercise," she said.

"In addition to the *misheberach* healing services we offer on Friday evenings and when the Torah is read, Renée offers a non-ritual space for the ongoing process of healing," said Rabbi Beals. "She has created a *kehilla* — a community of those seeking healing — a *nevei-shalom* — an oasis of peace. I find her leadership of our support group to be invaluable and holy work."

It is "the creation of this mini-community" that Miller finds most helpful. "If I've had a bad day or a bad week, it's really helpful to be able to talk about it with others," she said.

"These are good connections. We interact beyond our losses."

# MAKING A DIFFERENCE:

## Goldinger Trust Support of Ben-Gurion University of the Negev

By **Seth Bloom**, Associate Director, Mid-Atlantic Region, AABGU

Managed by the Jewish Federation of Delaware's Jewish Fund for the Future, the Goldinger Trust provides generous support to Ben-Gurion University of the Negev (BGU) for a variety of agricultural-research projects in Israel. In recognition of the generous support from the Goldinger Trust, Toni Young, American Associates, Ben-Gurion University of the Negev, National President, accepted recognition on behalf of the Trust for reaching the Tamar level of support, from BGU President Prof. Rivka Carmi at the recent BGU International Board of Governors meetings.

Closer to home, members of the Goldinger Trust and community members recently heard a presentation by BGU Prof. Jack Gilron, "How Israel Succeeded to Drought-Proof Itself." Prof. Gilron is an Associate Professor and head of the Department of Desalination and Water Treatment at the Zuckerberg Institute for Water Research within the Blaustein Institutes for Desert Research at BGU.

Members also heard about the preliminary outcomes of another of the myriad projects funded by the Goldinger Trust last year: a grant for studying the efficacy and efficiency

of more-frequent/low-discharge drip irrigation, "Increasing Water Use Efficiency of Potato Growth in the Southern Arava Region," conducted by Dr. Gilboa Arye.

Potatoes, which are typically grown in the spring and autumn in areas outside of the Arava region, are a high-value crop with characteristics that allow for winter production. The Arava Valley, located along the border between Jordan and Israel, is the country's major vegetable production area during the winter season. Maximizing the region's climactic conditions – particularly its accessible saline water – is critical to maintaining year-round crop production in Israel.

Dr. Arye sought to examine the feasibility of using drip irrigation (with saline water) to grow potatoes in the region, potentially benefitting both the environment and farmers. This is meant to replace the commonly used sprinkler irrigation, which consumes significant amounts of water. The study, conducted at Kibbutz Yotvata, found that more-frequent/low-discharge drip irrigation reduces water consumption and that the irrigation water can be used in larger areas within the Arava region.

In the next phase of his research, Dr. Arye plans to further examine the effects of the irrigation regimen and nitrogen use-efficiency in the spring and autumn seasons, working with local farmers at Kibbutz Yotvata.



**BGU President Prof. Rivka Carmi presents a certificate to Toni Young, AABGU National President, during the university's Board of Governors meeting**

PHOTO SUBMITTED BY S. BLOOM

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# IN ISRAEL, TEACHING KIDS CYBER SKILLS IS A NATIONAL MISSION

By Daniel Estrin



Israeli children in Second grade use computers in a classroom as part of a study program of the Jerusalem Municipality and the Ministry of Education PHOTO CREDIT: KOBI GIDEON / FLASH90

## NEW TRAINING PROGRAMS AIM TO PREPARE CHILDREN FOR CAREERS IN MILITARY INTELLIGENCE, DEFENSE AGENCIES, THE HIGH-TECH INDUSTRY, AND ACADEMIA

In some Israeli schools, fourth-graders learn computer programming while gifted 10th-graders take after-school classes in encryption tactics, coding and how to stop malicious hacking. The country even has two new kindergartens that teach computer skills and robotics.

The training programs — something of a boot camp for cyber defense — are part of Israel's quest to become a world leader in cybersecurity and cyber technology by placing its hopes in the country's youth.

To that end, Israel announced this week the establishment of a national center for cyber education, meant to increase the talent pool for military intelligence units and prepare children for eventual careers in defense agencies, the high-tech industry and academia.

"You students need to strengthen us with your curiosity," Prime Minister Benjamin Netanyahu told an Israeli cyber technologies expo, sitting next to high school students in a training program overseen by the defense establishment. "Your years in the security

services will be golden years for the security of the nation."

Israel has long branded itself the "Cyber Nation" but authorities say they have been facing a shortage of cyber experts to keep up with the country's defense needs and keep its cybersecurity industry booming.

To build up a wellspring of talent, Israel is starting young: teaching children the basic building blocks of the web.

"In the first grade, they learn the letters, then how to read and how to write. We are building the next level of knowledge — how to code," said Sagy Bar of the Rashi Foundation, a philanthropic group running the cyber education center as a joint venture with Israel's defense establishment and academic institutions.

The center will also oversee educational programs launched in recent years, including the Education Ministry's Gvachim pilot program that introduced computer and robotic classes to the fourth-grade curriculum in 70 schools, and the after-school Magshimim program, which trains talented high-schoolers from underprivileged areas in college-level cyber skills.

Drawing youth into the highly technical field of cybersecurity is not a novelty, and the United States and Britain have implemented similar training programs.

The National Security Agency, America's global surveillance and intelligence agency, co-sponsors free cybersecurity summer camps throughout the US for students and teachers from kindergarten through high school. The GenCyber program seeks to improve cybersecurity teaching in schools as early as kindergarten.

GCHQ, the UK's powerful signals intelligence agency, has a host of youth outreach initiatives, including an annual competition for amateurs and youngsters at dramatic venues such as Winston Churchill's World War II-era bunker under central London.

In 2015, the competition invested in whizz kid-friendly puzzle games — including a specially designed Minecraft level — to pique children's interest. Also, GCHQ is trying to bridge the gender gap and last month announced a national cybersecurity challenge for schoolgirls aged 13 to 15.

**MORE ON NEXT PAGE**

*Times of Israel via The Associated Press.*

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In Israel, the two cyber training programs feed Israel's vaunted military intelligence Unit 8200, which intercepts digital communications and collects intelligence on Israel's enemies across the Middle East — the Israeli equivalent of America's NSA.

Many members of the unit eventually move on to Israel's high-tech and cybersecurity industries. Some of the most successful technology companies have been founded by the unit's veterans.

Military service is compulsory for most Jewish high school graduates in Israel, giving military intelligence the power to enlist the country's best and brightest.

For military intelligence, it's a win-win situation.

"Israeli talent comes mandatorily to the army," Col. R, deputy head of Unit 8200, told The Associated Press over the phone.

The colonel, who could only be identified by her first initial under military regulations, said Unit 8200 is trying to encourage more girls to study computer sciences and eventually join the unit as "cyberists."

In the Magshimim program, applicants must first pass a home quiz of riddles and challenges involving math, logic and algorithms. Previous computer expertise is not needed, and they can even look up

answers online or ask a parent for help. The idea is to recruit students who are not intimidated by challenges, organizers say.

Those accepted to the program meet twice a week after school for three-hour classes, complete 10 hours of cyber-related homework a week, and participate in workshops twice a year.

During a recent workshop for 10th-graders at a school in the central city of Beit Shemesh, a group of 15 religious Jewish girls attended a lecture on artificial intelligence. One of the girls was knitting an orange yarmulke during class.

In a darkened classroom across the hall, a group of teens in sweatshirts and sweatpants hunched over laptops, playing a simulation game: a fictional network of computers had been hacked, and they had 45 minutes to learn an unfamiliar computer code, regain control of the network, and hack into the hacker's system to determine his identity.

"I broke in!" a student suddenly exclaimed. The fictional hacker was a popular cartoon character.

Glued to his computer, 16-year-old Shalev Goodman said he hopes to use his cyber skills in military intelligence when he enlists.

"I'm not the most athletic person," he said. "I do want to give something to the country.

So cyber is a good thing to do."

Program leaders say cyber ethics are enforced — students who use their skills to hack would not be accepted into the military and would likely ruin their future in the cyber industry.

But once in the army, the definition of ethics can become blurred. In 2014, a group of reservists in Unit 8200 signed a letter protesting its role in surveillance of Palestinians.

One of the soldiers said the unit was sometimes asked to perform ethically questionable tasks, like spying on Palestinians uninvolved in violence.

"It feels a bit like a game, like a cool computer game," said Gilad, who could only give his first name because Israel's military censor has prohibited the protesters from revealing their full identity.

During his compulsory army service, Gilad said he worked part time in programming. "You develop apathy, moral numbness ... You are far away from the target," he recounted of those days.

Still, the computer skills Gilad gained while in the army helped him get his current job in the high-tech industry, he said.



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# COMMUNITY SPOTLIGHT:

## Roberta Michnick Golinkoff and *Becoming Brilliant*

By Jaidy Schweers  
Editor



Kathy Hirsh-Pasek, Ph.D. and Roberta Michnick Golinkoff, Ph. D.(right).

PHOTO SUBMITTED BY R. GOLINKOFF

*We live in a crazy time, and parents are very worried about their children's futures. They're getting all kinds of messages about children having to score at the top level on some test. The irony is, kids could score at the top and still not succeed at finding great employment or becoming a great person.*

--- Roberta Michnick Golinkoff, Ph.D.

Local Jewish community member, Roberta Michnick Golinkoff, has some insightful reasoning behind this typical paradox, and a remedy to fixing it. She suggests an academic and cultural shift in education and parenting through redefining what it means to be successful and brilliant.

Golinkoff, Professor of Education, Psychology, and Linguistics and Cognitive Science at the University of Delaware, and member of Congregation Beth Emeth, recently co-authored the book *Becoming Brilliant: What Science Tells Us About Raising Successful Children*.

In the book, Golinkoff and co-author, Temple University professor, Kathy Hirsh-Pasek, address our societal obsession with “brilliance” (at least the type defined as “memorizing knowledge and spitting it out on a test”). And how, as a culture, we are fixated on products or services, which insure that the achievements of our children transcend the achievements of others. From using vaginal device’s, which can deliver music or information to a fetus during pregnancy; to combining tablet-learning activities with toilet training; to relying on mechanisms that detect every movement or sound a baby experiences 24/7, we have become a lost and misguided pack of wolves in search of power-food for our young. But what they’re chewing on is “neither needed nor appropriate for children,” according to Golinkoff.

Based on the science behind learning and development, the best nourishment for a lost culture with good intention is to create an educational foundation which includes collaboration, communication, content, critical thinking, creative innovation, and confidence—otherwise known as the 6Cs, explains Golinkoff and Hirsh-Pasek in *Becoming Brilliant*. And in a 2016 interview with *Psychology Today*, the authors explain that achieving success means shaping a society that “supports the learning of a breadth of skills in and out of school that moves beyond a laser-focus on content to include skills such as the 6Cs.”

Much of this change in mindset and the way children are raised or taught is simply allowing “kids to be kids.”

“They need to play and get dirty, experience joy and have time to build relationships. We are so busy trying to make them smarter that we have forgotten that real ‘brilliance’ emerges when children tinker with toys, build forts, and play with other children,” says the authors.

“Parents just need to change the lens on how they view learning and to recognize the learning opportunities in the everyday moments.”

For more information on Roberta Michnick Golinkoff and the book *Becoming Brilliant: What Science Tells Us About Raising Successful Children*, visit [becoming-brilliant.com](http://becoming-brilliant.com).

# A BISHOP AND A RABBI WALKED INTO ST. MARY MAGDALEN SCHOOL

By Mike Lang  
TheDialogue.org

IN THE FIRST FEW MONTHS OF 2017, THE SIEGEL JEWISH COMMUNITY CENTER RECEIVED SEVERAL THREATS, DISRUPTING ITS SERVICES AND CAUSING A SENSE OF UNREST.

Father James Kirk, pastor of the Catholic parish closest to the JCC, St. Mary Magdalen, thought it would be educational to invite a local rabbi to the school for a wide-ranging discussion.

So on April 4, Rabbi Michael Beals of Congregation Beth Shalom in Wilmington joined Bishop Malooly as they talked about the relationship between Judaism and Catholicism, and they answered several questions from students at St. Mary Magdalen School.

"We've had some craziness in our community," Father Kirk said. "The rabbi is a good friend and a neighbor."

He explained that Jews and Catholics both believe in one God, and Bishop Malooly added that a lot of what students at St. Mary Magdalen and other Catholic schools are taught in theology is from the Old Testament and the Jewish tradition.

"There are a lot of clear connections between our brothers and sisters who are Jewish," he said.

With that, the floor was turned over to the students, who came prepared. The first questioner wanted to know the difference between the titles "rabbi" and "bishop."

"Rabbi" simply means "teacher," Rabbi Beals said. "I look at Jesus as a teacher, so I see Jesus as a colleague and a friend. 'I'm no closer to God. I'm not any holier than you.'"

What that title means, he continued, is that he is qualified to pass on knowledge of Judaism.

"Bishop" comes from the Greek and means "overseer," more of a centralized leader.

Both Rabbi Beals and Bishop Malooly said faith remains important in the world. The rabbi said he sees people cutting faith out of their lives, and it worries him.

"Our job is to make faith as accessible as possible. I think it is a very lonely life that doesn't have faith involved," he said.

Bishop Malooly said one of the reasons he is so supportive of Catholic education is the faith component. Children need that foundation, he said.

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## A BISHOP AND A RABBI...

CONTINUED FROM PAGE 31

Rabbi Beals was asked why Jewish boys are considered adults at age 13, when most go through their bar mitzvah. He called it “a brilliant question,” saying theoretically that is when a boy could become a parent, although he strongly suggested that they don’t. At that age, he explained, boys should be responsible for keeping Jewish laws and traditions.

Another student wanted to know what the Jewish synagogue experience was like.

The rabbi said Jews pray three times a day, and in a previous time Jews made sacrifices three times a day. The Sabbath is a big day for them, with services that can last several hours.

“You’d better get comfortable,” he joked.

Their services include readings from the Torah and secondary texts. The only qualification to conduct a service is knowledge, so his daughter will do as much of her own bat mitzvah as possible.

Each of the religious leaders was asked about his inspiration to devote his life to his faith. Bishop Malooly spoke about his days as an altar boy in Baltimore and how much he admired one of the priests of his childhood. “I became a priest because I felt God called me,” he said.

The rabbi told a story about his mother, who grew up in the Bronx, N.Y., in an area filled with Jews and Italian Catholics. She saw how many Jewish people were marrying outside the faith and worried about Judaism’s future; worldwide, there are only about 13 million Jews. That stuck with Rabbi Beals, who was

29 and working in Los Angeles at the time. He added that there is a selfish reason for becoming a rabbi.

“I get to meet really super-neat people,” he said, “and I am never bored.”

Before the session ended, Father Kirk asked the bishop and the rabbi what can be done to end situations that lead to threats like those against the JCC.

Rabbi Beals said get-togethers such as St. Mary Magdalen’s are very helpful. He suggested the students “go out of your comfort zone” to get to know people not like themselves and to put their religious teachings into action.

“You can’t be innocent bystanders when people are being treated badly.”



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# SURVIVORS NEXT GENERATION: Jews, Holland, and the Nazis

DELSPEAKS

By Rosalie Hes Dior

WHAT IF YOU COULD LEARN FIRST-HAND ABOUT YOUR PARENTS' EXPERIENCES UNDER THE NAZIS BY SPEAKING TO THE CHILDREN OF THEIR PROTECTORS?

What if you could thank that generation in person for what they and their parents did for your parents?

For my sister, Heidi Hirsch, and me, Toledo, Ohio was home to all of our memories of childhood. However, our father, Jack J. Hes, had childhood memories of Zaltbommel, Holland and hiding with a Christian family from the Nazis. His family secretly placed him on a train as the Nazis invaded Holland, and he found himself miles from home with his new “foster” family in Zeist, Holland. In Zeist, he would live for the next two and a half years with a family of five girls. During this time, he had to hide from the Nazis in a hole under the floor in their living room, under a carpet beneath an organ.

Following the war, Jack was reunited with his parents in Zaltbommel, but he left Holland in 1958 and found himself in Toledo, Ohio. There he married Shirley Leveton and raised two daughters, Heidi and me. We never forgot the few stories of the Dutch non-Jews who saved our relatives. Together with our cousins, we re-created some of our father's family's stories in a cookbook of Holocaust survivors' recipes. My cousins knew more than a few stories, and they knew the family that saved their parent's lives and I didn't. I was determined to find out more about the people who saved my father's life.

While cleaning out my parent's house after his death, I found his Shoah Foundation video in which he vaguely mentioned the Oudhuf name, but it was difficult to garner much information. Dad had told us very little about his Holocaust experience. At first I contacted Yad Vashem, the facility in Israel that keeps records of Jewish generations, to explore my father's past. I also got in touch with the municipality of Zeist, searching for my father's rescuers, and I found out that two of their daughters were still living in Zeist. I couldn't figure out how to find the surviving daughters, but hit upon the idea of contacting the churches in Zeist to find out if they were members during the war. Through my Dutch cousin, (also named Rosalie!), we found that the daughters were members of the Noorder Licht Church, led by Reverend Bosch. The minister said he would arrange a meeting. He even suggested a photographer/journalist from their church to cover this momentous event.



**On the left is Alie, one of the five sisters of the Oudhuf family.**

**On the right is Rosalie Dior.** PHOTO COURTESY OF R. DIOR

We flew to Amsterdam March 26th of this year, and my cousins picked us up from the airport the morning of the 27th. I was so excited to see them, but they were going to take us to meet one of the women who saved my father's life. When we got to Alie Oudhuf's apartment building I was uncontainable. I came out of the elevator and ran to her. At this time there were tears welling up in my eyes and hers. We hugged for a long time.

## MORE ON NEXT PAGE

*Rosalie Hes Dior is a certified teacher in elementary and special education. She has held positions as a teacher in both secular and religious school classrooms for over 30 years. She has been a teacher at Temple Beth El for over 25 years. She is a second generation survivor of The Holocaust, and has spoken at Hadassah functions about the book, Miracles & Meals Volume 2 of The Holocaust Survivor Cookbook by the Caras Family.*



## SURVIVORS NEXT GENERATION

CONTINUED FROM PAGE 33

Alie told us how she would get my father's school work for him. It was not unusual for an older sibling to get schoolwork for a younger sibling, so she would go in and get the work for Daddy and bring it home. At home, she, her mother and sometimes the other girls would be Daddy's teachers. "There were never a lack of teachers for Jackie" she said. I couldn't get over the kindness of Alie's mother, Alie, and her sisters. They not only protected but also educated my father as a boy, for almost three years!

The most heartwarming story of the afternoon was when Alie described staying with my father when the Germans were in the house looking for Jews hiding. My father was between ten and thirteen years old, hidden below a floor, under a carpet

and an organ, scared and trying not to make a sound. It was comforting when we found out he wasn't alone. Alie was there with him! She told us how she covered his mouth with her hand and kept him quiet. She pretended to be strong, even though she was just as scared. Although I was comforted to hear that he was not alone, I was astonished, grateful and in awe of the strength she had to have, to be under the floor with him, evading the Nazis.

We talked about my father being a boy of ten to thirteen and not being outside for years. It was very hard on him, as we all agreed. When he was inside, he didn't even wear shoes, so no one would hear more footsteps than the number of family members who were supposed to be there. He was outside during the day of liberation of the South, but a neighbor noticed him, so to protect him he was not outside again until the total liberation of Holland. Life had been very hard for my father, and yet he survived when many hadn't, thanks to his own strength and to Alie, and her mother, father, and sisters.

I was not the only one affected. Here is what my husband experienced:

"We flew to Holland on March 26th. On March 27th, I had the incredible opportunity to observe my wife Rosalie meeting 94-year-old Alie, a family member who hid my father-in-law, Jack. The meeting between Alie and Rosalie was something to behold. The expressions on their faces and outpouring of emotions were incredible. Rosalie and Alie held hands while discussing Alie's family and their protecting of Jack during the war. Through Alie, we learned much more detail regarding how Jack survived during the war."

To be welcomed into the home of his protectors 50 years later and meet multiple generations of their families was overwhelming. To come full circle with our Dutch ancestors and new friends, we experienced something magical. I'm still flying high about being with Alie and her family."

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# ACHIEVEMENTS

## SILVERMAN SCHOLARSHIP AWARD

**Julia Frank** has been selected as the 2017 winner of the Sylvia and Isadore N. Silverman Scholarship Award. Given annually, these stipends assist young people participating in a summer program of Jewish study or enrichment, while recognizing their achievements.

Julia is a 10th grader at the Cab Calloway School of the Arts. She will attend the BBYO Kallah at the Perlman Camp in Lake Como, PA. Her parents are Martin and Jodi Frank; the family belongs to Congregation Beth Shalom.

The Silverman Scholarship Fund was established in 1989 on the occasion of the Silvermans' 55th wedding anniversary, by their children and friends. The award

honors their many years of dedication to the Wilmington Community, especially Adas Kodesch Shel Emeth Congregation and to the Boy Scouts of America.

Applications for next year's award may be obtained at the office of Adas Kodesch Shel Emeth, 4412 Washington Boulevard, Wilmington, 19802.

# BAR MITZVAH

## ELIJAH LUCAS KUTZ

**Elijah Lucas Kutz**, son of Jason and Bethany Kutz and brother of Benjamin and Leila, was called to the Torah as a Bar Mitzvah on Saturday, April 22nd. Elijah is in 7th grade at Garnet Valley Middle School. Elijah is a passionate soccer player, and enjoys hanging out with friends and playing sports



PHOTO CREDIT: SHARON FULLERTON PHOTOGRAPHY

of all kinds. For his Mitzvah Project, Elijah cooked meals for the Jewish Family Services' Brandywine Village Network. Elijah's proud grandparents are Jonathan and Vicki Kantrowitz of Fairfield, CT; Karen Lloyd of Pottstown, PA; and Ron and Bridget Kutz of Columbus, NJ. Mazel tov!!

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# CHANGING THE NARRATIVE: EMBRACING GENERATION Y

By Rachel Gordon

Rachel Gordon currently serves the University of Delaware Hillel community as the social media specialist Springboard Fellow. A graduate of Rowan University, Rachel comes to Delaware from Cherry Hill, New Jersey. She has been a member of the UD community for almost a year now, and is excited for another year of enjoying the Jewish community here.



Millennials are coming of age in a time filled with incredible amounts of technology and customization, explained Mike Uram, Rabbi and Executive Director of the University of Pennsylvania Hillel.

Who better to talk to about the ever-changing wants and needs of the younger generation than Uram, who has worked with Jewish college students for 13 years.

His message to engaging Generation Y? Bring Judaism to where they are, to give them what they want.

In order for Jewish organizations to effectively engage millennials, it is important to understand that customization is important. Uram related this idea to the success of Starbucks, which customizes each drink order to the individual. Understanding the shoes that millennials are currently walking in stems from Uram's personal story. He didn't find himself in the mundane routine of high holidays or enjoying the

**MORE ON NEXT PAGE**

youth group movement. While attending college, Uram discovered the joy of creating his own Jewish experiences. During his undergraduate career is when Uram found his passion by immersing himself in opportunities brought on by his campus Hillel.

The important takeaway, he realized, was that it wasn't about the organization itself, but the community.

Recently Uram wrote the book *Next Generation Judaism: How College Students and Hillel Can Help Reinvent Jewish Organizations*, which is helping the structure of so many Jewish institutions today. The book optimistically views millennials as the window to the Jewish future. Although the millennial generation is often described as having a "my way, right away, why pay" mentality, Uram believes they are essential partners in shaping the future of organizations and the Jewish community.

College students define 'community' in a way that is different than in years past. Uram challenges current Jewish organization leaders, a part of Generation Y, to consider what a post-institutional Jewish community might look like.

Millennials are all looking for different things within an organization – that is why Uram supports experimenting in innovation. Every individual now looks for different things, which are dependent on their hobbies, interests, values, and traditions. The impact that millennials are going to have on Jewish organizations is incredible. Their leadership skills and desire to impact influential change will create new organizations instead of joining pre-established ones. They want to create and find ways to be Jewish without having to join, Uram noticed. As far as successful philanthropy goes, he believes that millennials are attracted to highly customizable and personalized giving. They've emerged into a socially conscious generation, filled with giving

to organizations they are only passionate about and can personally invest in as well as nonprofit missions that they continuously advocate for.

Uram noted that a community isn't defined by numbers, but rather measured by relationships built. The concept of *one community* is a thing of the past. Organizations shouldn't just offer one experience, but to program for diverse audiences with the end goal to eventually weave the different communities together. Over the years, the Jewish community has evolved.

This millennial engager offers marketing advice for agencies and companies who's targeted to engage with the 16 to 40-year-old audience. He believes organizations should be marketing *with* and not *to*. Millennials thrive off of co-creation and engagement. They'd rather you teach them services, than simply giving them an experience.

Today, there are many flavors of Judaism. Not only are millennials valuing community differently than in the past, but the variety of Judaism as a religion has skyrocketed.

As a Rabbi, he understands that the values and rituals of Shabbat are relevant more than ever today. He explores the possibility that Kashrut relates to personal values and community norms in Jewish text and history; Kashrut relates to dietary laws and restrictions. Taking the structure into consideration, Uram relates it to everyday life. The meaning of Shabbat is about resting and unplugging. "Maybe the laws were made up for us to learn how to be less addicted to smartphones today," Uram jokes.

Understanding the importance in the thriving success of organizations in coming years, young adults are always passionate and want to make a difference. Uram notes the incredible opportunity of making one's passion their job. "It's an incredible gift," he

## TO ADAPT TO A NEW GENERATION OF JEWISH COMMUNITY MEMBERS, WE WILL HAVE TO RE-IMAGINE THE JEWISH COMMUNITY.

shared. Jews today are avid supporters in what they believe in. The structure of nonprofits today has allowed young adults to grow due to the room for diversity.

The 2013 Pew study discovered that millennials are looked at in a negative limelight. Uram inspires us to see millennials as an opportunity. To adapt to a new generation of Jewish community members, we will have to re-imagine the Jewish community.

Today, 94% of Jews post Bar and Bat Mitzvah have positive ideas of Judaism, leaving the conclusion that the future of Jewish leadership and organizations is a strong one.

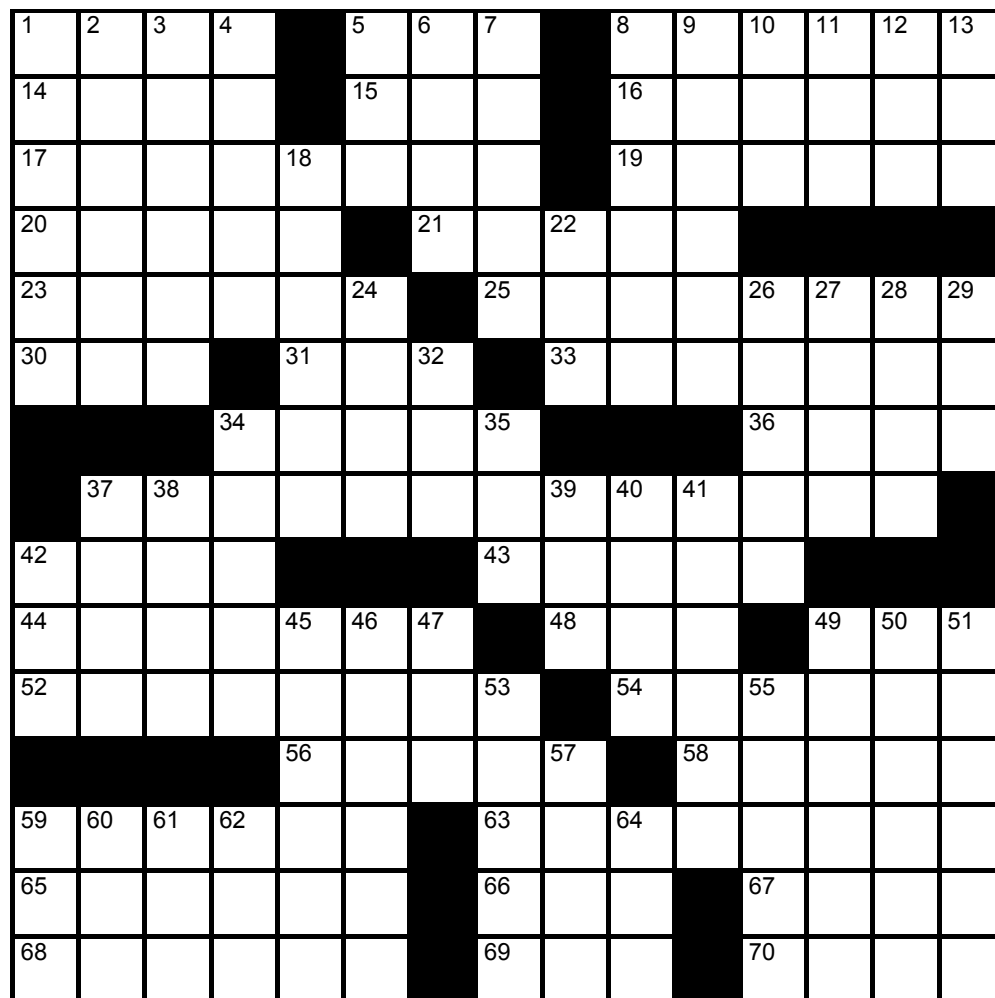


# AFTER PASSOVER

Puzzle is located on page 49

## ACROSS

1. Hamburg's river
5. Juda follower
8. Makes like a yente
14. Superman's mother played by Ayelet (Zurer)
15. Hero in Silver's "Matrix" films
16. Former Congressman with an unfortunate last name (considering his scandals)
17. Rabbi Shlomo Zalman or Dan of The Black Keys
19. \_\_\_ messenger (what some misguided terrorists believe they are)
20. Like Moses seeing the Golden Calf
21. Abraham was given ten of them
23. Start of many Israeli hikes?
25. Homes in Beverly Hills, CA, e.g.
30. One way to spell "fire"
31. Start of Tu B'Shvat?
33. Hotels for Fido and Rex over Passover vacation
34. Creepy mashugana
36. Tribe
37. What some Jews can't wait to do the first Friday night after Passover...or a hint to rows 3, 5, 11 & 15
42. Shekel equivalent in Mexico
43. Angelic glows
44. Ring-\_\_\_ (Nazgûl that fight Sean Astin in "The Lord of the Rings")
48. "Angie Tribeca" airer
49. "\_\_\_-ching!"
52. Odds-and-ends category
54. Brother of Moshe
56. Like Prince Jonathan
58. Board that might be used before a simcha
59. Daughter of King Saul
63. "Woopdy doo!"
65. Israel is connected to it
66. Jewish name or video file
67. Rodriguez on Levitan's "Modern Family"
68. Venerate
69. Woody Allen quality
70. It's like cholent



## DOWN

1. Iconic role for Julia (Louis-Dreyfus)
2. Doctors Schlessinger and Berman
3. Get by El Al security
4. Israel's a part of it (like everywhere else)
5. "Barefoot Contessa" host Garten
6. Essene, e.g.
7. One booked eight days in advance
8. Wrap snugly
9. "Simpsons" bully who said "You wrecked Hitler's car! What did he ever do to you?"
10. Latke liquid
11. "Livin' \_\_\_ Prayer"
12. Guf opening
13. Many FL Jews
18. Michael Jackson's advice for making matzah brei?
22. Cinch \_\_\_ (Hefty bag)
24. Parshat \_\_\_ Lecha
26. Abraham to Lot
27. Dudi of tennis
28. Valley of \_\_\_ (where David beat Goliath)
29. Tax form ID
32. Barely manage without tzedakah, with "out"
34. Like many a rabbi under Roman persecution
35. Mozart's "L' \_\_\_ del Cairo"
37. Hill's "Superbad" co-star
38. "Here's \_\_\_ at the Dead Sea" (words from one showing vacation pics)
39. Sukkah, e.g.
40. Square root of shesh esrei
41. Applied makot
42. Firm that messed up at the Oscars; Abbr.
45. Turkey region that had pogroms in 1934
46. Jewish cheese brand (4-down is a hint)
47. Like Laban (or a fox)
49. Written by Aaron Sorkin, e.g.
50. "\_\_\_ and Pete", Louis CK web series
51. "Regardless" or a Leonard Cohen title
53. Steven Bochco legal name
55. Arab bigwigs (var.)
57. Israeli Kibbutz or Pennsylvania Jewish camp
59. Whitman who was in "The Perks of Being A Wall-flower" with Ezra Miller
60. Possibilities
61. Old PC component
62. "Maher!", old-style
64. Succesful at bat for Ian Kinsler

# FARRO SALAD WITH ROASTED SPRING VEGETABLES

By Sharon Collison

## INGREDIENTS:

1 tbsp minced garlic

2 tbsp olive oil

4 cups assorted spring vegetables (orange/red/yellow peppers, asparagus, radishes, sugar snap peas), trimmed if needed, cut into same-size pieces

Kosher salt

Freshly ground pepper

3 cups cooked farro (made from 1 cup dry farro), at room temperature

4 ounces feta cheese

½ bunch scallions, green parts only, chopped

4 cups spring mix greens

## DRESSING:

2 tsp Dijon mustard

6 tbsp olive oil

4 tbsp lemon juice

2 tsp honey

½ tsp salt

½ tsp pepper



Farro with Roasted Spring Veggies PHOTO SUBMITTED BY S. COLLISON

Preheat oven to 450°F. Place dressing ingredients in a jar and shake until well combined; set aside. Combine minced garlic and olive oil in a large bowl. Toss vegetables in mixture until coated. Spread out in a single layer on a rimmed baking sheet and sprinkle evenly with Kosher salt and pepper. Roast, stirring halfway through, until tender, golden brown, and charred in spots, about 30 minutes. Slice roasted vegetables into bite-size pieces.

Place spring mix greens on a serving platter. Top evenly with farro and roasted vegetables. Sprinkle feta cheese and scallions on top. Drizzle dressing evenly on top of salad. Serve at room temperature or chilled. Garnish with lemon wedges. Serves 4-6.

Sharon Collison is a registered dietitian and faculty member in the Department of Behavioral Health and Nutrition at the University of Delaware. Sharon is an award-winning recipe developer and loves to create all types of recipes from heart-healthy meals to decadent desserts. She and her family are long-standing members of Temple Beth El in Newark, DE.

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# YOM HA-EM HASAMEACH! HAPPY MOTHER'S DAY!

We hope a wonderful Mother's Day awaits you. Whether you like to spend it indoors or outdoors, we have a couple of fun and delicious ideas you can create with your kids this Mother's Day. Better yet, if your kids are old enough, maybe they will surprise you with this decadent Challah French Toast in bed – or a sweet treat for the birds in your backyard. Of course, the best part about Mother's Day is spending the day together, while doing your favorite things.



PHOTO CREDITS: JULIA FORESTER

## A TREAT FOR THE BIRDS

BY JULIA FORESTER

The birds are chirping and flowers are blooming! Spring has arrived! Make these easy crafts and yummy treats with your little ones for an entertaining afternoon, or a surprise Mother's Day gift!

### SUPPLIES:

Pipe cleaners, Cheerios, Bird seed, Ribbon, and something sticky (i.e. Creamy peanut butter, sunflower seed butter, or honey)



### STEP 1

String cereal onto your pipe cleaner. Twist the ends to keep the cereal from falling off.



### STEP 2

Bend and twist! Make a heart, a swirl, or try a letter! TIP: If using more than one pipe cleaner, twist the two together and create your design before adding cereal.



### STEP 3

Place your design in a shallow dish. Drizzle or spread your "something sticky" onto the cereal.

### STEP 4

Sprinkle on the bird seed!

### STEP FIVE

Use yarn or ribbon to make a loop and hang your creation outside for the birds to enjoy!

**Julia Forester** is the Art Teacher and Admissions Director at Albert Einstein Academy in Wilmington. She is Mom to Annabelle and Ava. [Julia.Forester@einsteinday.org](mailto:Julia.Forester@einsteinday.org)

**Jennifer Simon** is the owner of her own Wilmington based business, Simon & Co. – [www.Simonandco.com](http://www.Simonandco.com) – specializing in unique gourmet food gifts for all occasions. She is Mom to Harrison. [Jennifer@SimonandCo.com](mailto:Jennifer@SimonandCo.com)





## DESIGN YOUR OWN PLAY BINOCULARS BY JULIA FORESTER

Create play binoculars with recycled materials, and watch the birds come taste their snack!

### SUPPLIES:

Cardboard tubes (one paper-towel roll cut in half, or 2 TP rolls), Wrapping paper, Glue, Scissors, Ribbon, Colorful tape



### STEP 1

Measure the length of your cardboard and cut strips of wrapping paper to fit around each tube. Spread some glue onto your paper, and wrap it tightly around the cardboard. (Tip: It's helpful to secure the end of the paper with tape.)



### STEP 2

Tape the two tubes side-by-side.



### STEP 3

Cut two holes into the sides of your binoculars and attach a ribbon so that you can wear your new gear!



PHOTO CREDITS: JENNIFER SIMON

### DIRECTIONS:

Cut challah into 2-inch squares. (Kids can break into pieces to avoid knife if necessary!)

Fit tightly into a 9 x 13-inch greased Pyrex dish. They should not be flat, but placed so the top is lumpy or uneven.

Using an electric mixer, combine eggs, milk, vanilla and sugar. (\*NOTE: By using an electric mixer, the egg mixture will create a more frothy mixture making it more soufflé-like.) Pour over the bread in dish.

Sprinkle top with cinnamon sugar mixture and dot with butter. Gently press down, so the egg mixture coats the bread thoroughly. Cover tightly with aluminum foil and refrigerate for 1-2 days. The additional soaking time will allow the bread to really absorb the egg mixture.

When ready to bake, take from refrigerator about 1-2 hours before and uncover. Bake uncovered at 350 degrees for 45-50 minutes. Serve at once with syrup on the side.

Yield: 10-14 servings easily.

## CRAFTS + CREATIONS

## CHALLAH FRENCH TOAST SOUFFLÉ BY JENNIFER SIMON

A classic recipe that never fails! Great for brunch. Serve with fresh berries and warm syrup.

### INGREDIENTS:

1 ½ Plain or Raisin Challah  
8 eggs  
3 cups 2% Milk  
1 T. vanilla  
¼ cup sugar  
¼ stick butter or margarine  
Cinnamon sugar mix







Have a question? **ASK THE RABBI!**  
Send your questions to:  
[AskTheRabbi@ShalomDel.org](mailto:AskTheRabbi@ShalomDel.org)

EACH MONTH, RABBI PETER GRUMBACHER, ALONG WITH RABBIS FROM AROUND THE STATE, ANSWER YOUR QUESTIONS ABOUT JUDAISM.

## Q: IS THERE A LIFE-CYCLE EVENT YOU BELIEVE SHOULD HAVE ITS OWN RITUAL?

**A:** **RABBI**  
**JEREMY WINAKER**  
Head of School  
Albert Einstein Academy

Jewish parenthood seems to be all about the children. We have rituals for brit and naming newborns. There are rituals for three year-olds getting their first haircut. Judaism gives us tools to sweeten a child's start in education. Tack on the consecration (or a *siddur* receiving ceremony), bar/bat mitzvah, and confirmation, the result is one little blessing for parents to say: *barukh shep'tarani m'ohnshoh shel zeh* (thank you God for releasing me of the burden of this one [the bar/bat mitzvah]). That blessings ring so hollow, especially given the bill for all the celebratory aspects, that we seldom recite it anymore. Parenting comes with many moments that could use a ritual to help mark the significance of such moments.

Each year, I go through my own experience and watch parents, too, on the first day of school. The moment is even more significant at the start of pre-school, kindergarten, and middle school. There is something about watching your child go to a new school for the first time that is not just about the child's journey; the parent's journey reaches a defining moment right then.

The secular ritual we have created or adopted (we use it at Albert Einstein Academy) for the first two schools is "Coffee and Kleenex."

We invite parents to linger in school long enough to feel assured their child has made the transition. Coffee is the excuse; Kleenex is often the reality. Little by little parents begin to distract each other with idle conversation.

Eventually someone like me in school administration comes to the room to tell each parent how their child is doing. Shortly after, the parents exhale and go on with their day.

I am a big believer in Jewish wisdom speaking to every moment in our lives. If we have done so much for our children, we can do so for their parents. The ancient rabbis, namely Joshua ben Gamla, invented public school education, so the issue dates back almost two millennia. While I do not have a full-fledged ritual to propose for this moment in the lifecycle, I propose the following ideas to be used together or in part. I also invite your feedback.

Begin with a blessing of release. Something like *barukh she'shach'rehr'ahni l'heeshtatef ba'hadrahah shel zeh* (Blessed is the One who has freed me to share in guiding this one). Then perhaps a declaration by the parent: "I will use this time to better myself by \_\_\_\_" and/or "I will do \_\_\_\_ to help my child's school." Particularly if the parent is with a group, the following benediction could offer closure: "*Adonai oz l'ahmoh yi'ten; Adonai yivarekh et ahmoh bashalom*" (God gives strength to God's people. God blesses God's people with shalom/completeness).

I hope this proposal offers some strength to parents next fall as they begin to let go and find new freedom.

### RABBI PETER GRUMBACHER

Rabbi Emeritus, Congregation Beth Emeth

When my mother-in-law moved from the home in which she and my father-in-law raised their children she left behind so many items that wouldn't fit in her independent living apartment, but it took another round

of disposal to make everything fit. She desperately wanted what had been so important to her. She tried to make a round peg fit into a square hole, as it were, but she realized that it wouldn't work.

So many people are leaving behind items that are part of their lives when a new chapter requires them to condense, to downsize. But above all they are leaving behind memories more than "things." Our homes are not just dwellings, they are small sanctuaries where we raised children, had parties, argued, loved. They also mean a lot to our children who, despite their age and their own family status, want to be able to "go home again," seeing their bedrooms as they remember it when they left for college. For all family members, homes are special and we should recognize that in a ritual.

Hopefully your home had a mezuzah affixed to the doorpost. If we know another Jewish family will be moving in (rare indeed), we should leave it be. But otherwise we should remove it, perhaps bringing it with us to our new abode. The mezuzah might be the center of a ritual in which we acknowledge the values of home and family just as we acknowledge our history in that home. Family members might speak about what that home meant to them, the good and the bad. Funny stories, poignant moments, surprises, you name it, are part of years of living in inanimate rooms but truly alive in so many ways.

The transition from point A to point B is more than calling movers and packing up, more than signing papers, more than accompanying a van to take your furnishings and belongings from the home you remember to the home perhaps your children will rarely visit. Sometimes that move hurts and we should acknowledge it with a ritual of some sort. Think about it for yourself, and maybe write an outline. I'm sure your rabbi or a knowledgeable friend can help you with appropriate Jewish sources to make it a truly spiritual experience for you and your family.



## ELLIS JOSEPH BUDIN

Age 74, passed away Sunday, April 16, 2017 in Wilmington, DE of complications from a recent diagnosis of acute myeloid leukemia.

Born January 18, 1943, he attended PS DuPont High School in Wilmington, DE and earned his bachelor's degree at Park University in Parkville, MO. After high school, Ellis joined the US Army and served as a medic in West Germany. He moved to Kansas City, MO in 1967 and settled in Prairie Village, KS. Later in life, he returned to Wilmington, DE to be closer to family.

Ellis forged a career as a health insurance underwriter and developed a robust knowledge of the medical field. Sports were a passion and he maintained a deep pride for all teams from Kansas City and in particular, the University of Kansas basketball team. Ellis' other passions were reading, bridge - from which he made a new set of friends, and traveling - which was initially sparked while he served in the US Army in West Germany.

After retiring, he traveled to Mexico, Germany, and Israel and entertained dreams of traveling to Spain and England. Pets were always near and dear to his heart and throughout his life, he adopted a dog and cats.

Ellis is survived by his children, David

Budin (Beth Staton) and Sara Budin (Brian Stokle); granddaughter, Ella; sister, Ethel Parsons (Don); brother, Arnold Budin (Gail); longtime partner, Ruth Ellen Jacobson; many cousins, nieces, and nephews.

In lieu of flowers, the family suggests contributions to The Leukemia And Lymphoma Society ([www.lls.org](http://www.lls.org)), Andy's Friends - a Cat Shelter, 1520 Ridge Road, Wilmington, DE 19809, or Congregation Beth Emeth.

## HOWARD FRIEDMAN

Howard Friedman was born to Mary and Morris on January 18, 1942. He grew up in Brooklyn, NY, with much of his extended family on the same block, where he enjoyed stickball and learned to appreciate bagels.

Howard worked for DuPont for 25 years and moved to Delaware in 1971. He soon became active in Temple Beth El's Mens' Club, especially the breakfast committee. Introduced through a family friend, his wife followed him to Delaware.

First in his family to complete college, Howard loved learning and returned to school mid-career to complete a second degree in Library Science. In retirement, he was active at the Osher Life Long Learning Academy, as both a student and teacher. A docent at the Delaware Art Museum,

he loved giving tours to children. He also volunteered at Nemours Hospital and the Grand.

Howard leaves to cherish his memory, his wife of 44 years, Phyllis (nee Fefferman); sons, Matthew, David, and Jeremy; sisters, Bernice Sloman (Al) and Mona Jacobs (Eli).

In lieu of flowers, the family suggests contributions to the Temple Beth El Education Fund, 301 Possum Park Road, Newark, DE 19711.

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# LIFECYCLES OBITUARIES

## SIDNEY GOLD

1924 - 2017

Sidney Gold passed away on his 93rd birthday, March 30, 2017 at the Kutz Home.

Born March 30, 1924 in Eddystone, PA, Sidney attended Eddystone from Kindergarten through High School. He graduated from Penn State University and was a big Penn State Football fan; he also received a Master's Degree from Temple University. Sidney was a decorated US Army veteran who served during WWII.

A lifelong educator, he taught for many years in the De LaWarr, Marshallton/McKean, and Red Clay School Districts. Sidney also owned Pine Hill Day Camp in Chadds Ford, PA, was a tutor for Educational Services, and was a home bound teacher for the Brandywine School District.

Sidney was a loyal Philadelphia Eagles

fan and served on the Executive Board of Jewish War Veterans.

The family would like to express their gratitude to the Kutz Home for the wonderful care our Dad received as a resident for the last 3 years.

Preceded in death by his wife, Renee Gold; and sisters, Ruth and Lenore Gold; Sidney is survived by daughters, Karen Spair and Judy Gold; son, Dr. Richard Gold (Tori); grandchildren, Marissa Cross (Tim), Arika Gold, Jeffrey Gold, Rachel Gold Feinberg, Marc Gold (Kristina), and Shelby Gold; and great-granddaughter, Natalie Cross.

In lieu of flowers, the family suggests contributions to Make a Wish America ([www.wish.org](http://www.wish.org)) or Flemington Jewish Community Center, 5 Sergeantsville, Road, Flemington, NJ 08822.

## JANICE LOUISE WERLIN "JANET" GOLDBERG

December 27, 1934 to March 19, 2017

Age 82, passed away March 19, 2017 in Glen Mills, PA.

Janet, as she preferred to be called,

was a dedicated mother, grandmother, and teacher. Born in Philadelphia, PA, she will be loved and remembered for her deep commitment to education, personal development, nature, and the arts. Janet was a reading specialist in the public school system and delighted in seeing her students learn and improve. She continued that joy of learning as an active student and instructor at the Osher Life Long Learning Institute for over 20 years.

In the home she and Morton created for their children, Janet instilled a sense of appreciation for the joy to be found in everyday life. Janet was a beauty in her youth with a great sense of style and fashion. She loved dogs, hiking in the mountains, books, museums, opera, theater, great restaurants, travel, the Berkshires, and New York City. Janet recognized and supported the unique paths that each of her children and grandchildren took in life.

Preceded in death by her husband of 60 years, Dr. Morton Edward Goldberg; Janet

**MORE ON NEXT PAGE**

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is survived by her children, Shellie Winkler (Dean), Ellen Goldstein (Adam), and David Goldberg (Michelle); four grandchildren, Danny, Ben, Ethan, and Sarah.

In lieu of flowers, the family suggests contributions to the Osher Lifelong Learning Institute, 2700 Pennsylvania Avenue, Wilmington, DE 19806 and the American Cancer Society ([www.cancer.org](http://www.cancer.org)).

### FLORENCE NEWSTADT "FLO" GOLDSTEIN

1919 - 2017

Age 97, of Wilmington, DE, passed away Saturday, March 18, 2017 at The Kutz Home surrounded by her loving family.

Flo was born in Wilmington on May 29, 1919 to Miriam and Louis Newstadt. She attended Wilmington High School and worked for the old "Giant Tiger" on King Street. In March 1943, she joined the Women's Army Corps. Flo was extremely proud of her service to her country as a WAC in the 3rd Air Force, United States Army. While stationed at Hunter Field, Savannah, GA, she met Bill Goldstein, a handsome corporal from Pittsburgh. They were married on the base on August 2, 1944. After the war, they moved with their daughter, Iris, to Bill's hometown, but soon returned to Wilmington so Flo could be near her parents. She worked for Sears, Roebuck & Co. in their catalogue department, for Mt. Pleasant School District, and Wilmington University.

Flo will be remembered as a feisty, vivacious, strong-willed woman who stood her ground when it came to what she believed was right. She was loved for her spirit and her famous sweet and sour meatballs. She loved her family very much, and was especially proud of her grandchildren and great-grandchildren. Flo and Bill enjoyed almost 65 years of married life before Bill's passing in 2009, also at age 97. They were

lifelong members of Adas Kodesch Shel Emeth Synagogue.

Flo was predeceased by her parents, Miriam and Louis Newstadt; her husband, William "Bill" Goldstein; her sister, Marian Rosenblatt; and her brothers, Leon and Benjamin. Flo is survived by her daughter and son-in-law, Iris and Jack Vinokur; her grandson, Leon (Nisa) and their children, Noa and Zev; her grandson, Andrew; and her granddaughter, Meredith Rosenthal (Daniel) and their children, Maxwell and Annie. Flo is also survived by numerous nieces and nephews.

Florence's family wishes to express their heartfelt gratitude to the wonderful and caring staff at The Kutz Home and Compassionate Care Hospice. "Goldie" loved you all dearly.

In lieu of flowers, please make contributions in Florence's memory to The Kutz Home, 704 River Road, Wilmington, DE 19809 or Adas Kodesch Shel Emeth Synagogue, 4412 Washington Boulevard, Wilmington, DE 19802.

### MELVIN HARVITZ

Age 90, passed away, Sunday, March 26, 2017.

Born in Philadelphia, PA, he was the son of the late Abe and Molly Harvitz. Melvin served in the US Navy during World War II. He was the owner of Lovely Lady Clothing Stores located in the Concord Mall and on Market Street in Wilmington.

Preceded in death by his wife, Ruth and son, Gary; Melvin is survived by his son, Paul (Sharon); daughter, Tina; and sister, Phyllis.

In lieu of flowers, the family suggests contributions to the American Cancer Society ([www.cancer.org](http://www.cancer.org)) or the American Heart Association ([www.heart.org](http://www.heart.org)).

### JACOB KRESHTOOL

Wilmington native Jacob Kreshtool passed away April 11, 2017, at his winter home in Luquillo, Puerto Rico, at the age of 98.

Born September 6, 1918 to Bertha Gberman and Isadore Kreshtool, Jacob was a graduate of Wilmington High School, the University of Delaware, and the University of Miami Law School. He served in the Navy as a Lieutenant Commander in the North Atlantic during WWII and in Norfolk during the Korean War.

Mr. Kreshtool had a passion to protect those who had little voice or power. Kreshtool was a labor lawyer whose heart was always with the underdog. He championed civil rights, labor, and clean air when it was not popular to do so. He was an enthusiastic civil rights activist and a committed environmentalist, using his resources as a lawyer to defend the disenfranchised and, as President of the Delaware Citizens for Clean Air, to wage legal battles against polluting corporations.

Mr. Kreshtool ran as the Democratic candidate for Governor in 1988. With no hope of winning against a popular incumbent, he undertook his quixotic campaign solely to publicize the liberal take on Gov. Castle's agenda, especially concerning its negative impact on the environment and the public health.

He had a happy 62-year marriage, and was devoted to his wife Betty until her death in 2013. He was predeceased by his three siblings, Bernard, Louis, and Freida Barsky and is survived by his sisters-in-law Constance Kreshtool and Thelma Deitcher; his children, Laurie and Ken; and his nieces and nephews and their families.

Mr. Kreshtool's infectious sense of fun accompanied everything he did. From his

**MORE ON NEXT PAGE**



**MAY GOD CONSOLE  
YOU AMONG THE  
OTHER MOURNERS  
OF ZION AND JERUSALEM**



*Ha'makom yenaheh etkhem betokh  
she'ar avelei tziyonvi'Yerushalayim.*

provocative picket signs to his brave attempts at juggling, his wit, humor, skepticism toward authority, original and creative mind, enthusiasm for life, and childlike joy in simple pleasures will long be remembered.

In lieu of flowers, the family suggests telling a good story involving one of Jake's antics or adventures, or donating to the Natural Resources Defense Council ([www.nrdc.org](http://www.nrdc.org)).

**SALLY LAZAR**

1917 - 2017

Age 99, passed away Saturday, April 15, 2017, just 15 days short of her 100th birthday.

Born in New York, NY on April 30, 1917, she was the daughter of the late Bohor David and Bohora Leah Crespy. Sally attended Washington Irving High School and worked in sales for various retailers, including Bloomingdales and Goldsmith Brothers in the Financial District of Manhattan. She moved to Wilmington in 1983 and lived in the B'nai B'rith House. Sally was very active at the Siegel JCC Senior Center, the B'nai B'rith House, and the Delaware Division of the Deborah Heart and Lung Hospital where she was a RSVP (Retired Senior Volunteer Person). Everyone loved her and regardless of their relationship to her, she was always "Aunt Sally."

The family would like to thank the staff at the Milton and Hattie Kutz Home for their wonderful and compassionate service to Sally.

Preceded in death by her sister-in-law, Harley Crespy; Sally is survived by her son, Dr. Martin Lazar (Lynn); sister, Rachael "Ray" Freschman (Morris); brother, Jack Crespy; grandchildren, Paul (Laura) and David (Nicole); great-grandchildren, Evan, Alex, Sydney, Ethan, and Ella; and many nieces and nephews.

In lieu of flowers, the family suggests contributions to The Milton and Hattie Kutz Home, 704 River Road, Wilmington, DE 19809; Adas Kodesch Shel Emeth Synagogue, 4412 Washington Boulevard, Wilmington, DE 19802; or a charity of your choice.

**PEARL SHAPIRO**

Age 98, formerly of Floral Park, NY passed away Wednesday, April 5, 2017.

Pearl is survived by her daughters, Jerilyn Cherrin (Richard) of Wilmington, DE and Lauri Greenberg (Sandy) of Marmora, NJ; sister, Ethel Breitbord; grandchildren, Sheri Green (Derek), Scott Rosenthal (Jutta), Jamie Greenberg (Chase Rosenhaus), Michael Greenberg (Jennifer Whittaker); great-grandchildren, Tori, Kyra, and Riley Green, Lili and Maya Rosenthal, Autumn and Aiden Greenberg.

The family would like to thank the staff of Foulk Manor North for the wonderful care they provided Pearl during the past four years.

In lieu of flowers, the family suggests contributions to the Siegel Jewish Community Center, 101 Garden of Eden Road, Wilmington, DE 19810 or Foulk Manor North Employees' Fund, 1212 Foulk Road, Wilmington, DE 19803.

**BEVERLY MAY (DIAMOND) WEINBERG**

Age 86, of Wilmington, DE, formerly of Randolph, MA passed away on Tuesday, March 28, 2017, peacefully at the Kutz Home.

Beverly was a sweet, caring, and loving person. She was sensitive to the needs of others, and had a wonderful sense of humor. Beverly was never more proud or happy than when she was with her family and playing with the young ones.

She was a longtime volunteer at the Kutz Home and visited her husband there daily. Beverly was always ready to spend time helping other residents.

She was the devoted wife of Irwin Weinberg, married on November 17, 1951; beloved mother of Richard (Helene), Howard, and David (Cathy); loving grandmother of Michelle Heed, Amanda Marino, Leslie Hudson, and Jennifer Weinberg; and great-grandmother of Elijah and Josiah Marino.

In lieu of flowers, the family suggests contributions to the Kutz Home.

**MARY WEINSTEIN**

Age 102 of Wilmington, DE passed away Friday, March 10, 2017.

Mary was an avid shopper and friend to all she met. She lived in the B'nai B'rith House where she was an original tenant and was active in the tenant's association for many years. Mary was also a reliable fundraiser for the Deborah Heart and Lung Center.

Preceded in death by her husband, Harry (Sec); granddaughter, Joyce Cawby; and son-in-law, David Warner, Mary is survived by her two daughters, Elaine Warner of Wilmington, DE and Binnie (Jim) Luciano of Port St. Lucie, FL; her grandson, John (Laura) Warner of Ashburn, VA; great-grandchildren, Jacob, Kira, and Hana; and beloved nieces and nephews.

A private graveside service was held at the Jewish Community Cemetery. In lieu of flowers, the family requests contributions to her granddaughter Joyce's favorite charity, Furry Friends Adoption, Clinic and Ranch, at 401 Maplewood Drive, Jupiter, FL 33458.

Obituary submissions of  
250 words or less are FREE.

For obituaries over 250 words,  
please call 302-427-2100 for pricing.

Please send obituaries to  
[Jaidy@ShalomDel.org](mailto:Jaidy@ShalomDel.org)



Visit the Jewish Federation of Delaware website at [ShalomDelaware.org](http://ShalomDelaware.org) for a full, up-to-date listing of community events.

## THURSDAYS

### Memoir Writing Workshop

10 AM – 12 PM

JFS Wilmington

99 Passmore Road

You can write a memoir: it's like telling stories to your grandchildren! Each week, participants write and bring to class a short recollection to share. Participants can even learn about publishing if interested. Registrations are taken for a 5-week series, not by class, as there is a logical progression of material week-to-week. Free for Brandywine Village Network members. \$25 for the series for non-members. For more information, please contact Karen Commeret at 302-478-9411 ext. 112 or [kcommeret@jfsdelaware.org](mailto:kcommeret@jfsdelaware.org). Pre-registration is required.

## TUESDAY, MAY 2

### Einstein's Accreditation Team Welcome Dinner

5:30 – 7 PM

Siegel JCC Auditorium

Join us as we welcome the visiting team from MSA-CESS as part of our re-accreditation. If interested, please contact Rabbi Jeremy Winaker at 302-478-5026 or [jeremy.winaker@einsteinaday.org](mailto:jeremy.winaker@einsteinaday.org).

## WEDNESDAY, MAY 3

### Kutz Auxiliary Donor Luncheon

11 AM

Harry's Savoy Grill

Join us for the Annual Kutz Auxiliary Donor Luncheon. Reception and Raffle begin at 11 am, Luncheon is at noon, program at 1 pm. This year's featured speaker will be Wilmington Mayor Mike Purzycki. Reservations needed. For more information, contact Sue Rohrbacher at [suerohrba@aol.com](mailto:suerohrba@aol.com).

## FRIDAY, MAY 5

### School's Out Day

7:15 AM – 6 PM

When schools are closed for conferences, vacations, in-service, or snow days, the J is open! Entrust your child to the J's safe, fun, and stimulating School's Out staff. Visit our website at [siegeljcc.org](http://siegeljcc.org) for more information and to register.

## FRIDAY, MAY 5

### Pot Luck Dinner and Tot Shabbat

5:30 PM

Congregation Beth Shalom

Join members of CBS for a veggie/parve pot luck dinner at 5:30 pm. Bring a dish to share with six others. A family-friendly service will follow the dinner, at 6:30 pm. Hear your favorite stories and songs from the Siegel JCC pre-school. A more traditional service will follow at 7 pm. For more information, call 302-654-4462.

## SUNDAY, MAY 7

### Mid-Atlantic Junior Maccabi Games

8:30 AM – 5 PM

The Siegel JCC is hosting the Mid-Atlantic Junior Maccabi Games, a one-day Olympic-style competition for participants ages 10-12. Visit our website at [siegeljcc.org](http://siegeljcc.org) to volunteer, register an athlete, make a donation, or learn more.

## SUNDAY, MAY 7

### Jewish History Course: Lives of the Rich, Lives of the Poor

10 AM

Congregation Beth Shalom  
Dover

We will discuss: What was life for the poor person in Israel during the monarchy? How did this imbalance of wealth occur and why? What if any, were supportive community organizations in existence. These classes are open to all members, their friends and neighbors, and whoever has an interest in Jewish history! You do not have to be Jewish to learn from, and enjoy these classes. These classes are in Jewish History, not religion. So everyone will be comfortable in attending and participating. Please contact Burt Brenman, the moderator of the class, at [burtrehab@gmail.com](mailto:burtrehab@gmail.com), in order for him to prepare sufficient handouts for new class members.

## SUNDAY, MAY 7

### Is natural "better"?—Perception and reality

7 PM

Adas Kodesch Shel Emeth

Join us for the last of three events exploring the perspectives of science and Judaism on the theme of Natural and Man-made, led by a task force of scientists and other professionals, including a rabbi. All events are free and open to the public. For more information, contact Mark Wagman at [mewag1@comcast.net](mailto:mewag1@comcast.net).

# COMMUNITY CALENDAR MAY 2017

## MONDAY, MAY 8

### Wine and Wisdom

7 – 9 PM

Siegel JCC

Join us as David Bernstein, CEO of the Jewish Council of Public Affairs discusses, Combatting Delegitimization Of Israel Through Community Relations Free and open to the public. For information, contact Rabbi Ellen Bernhardt JCRC Director 3-2-427-2100 [ellen@shalomdel.org](mailto:ellen@shalomdel.org)

## SATURDAY, MAY 13

### Youth Social Guide: Scavenger Hunt (grades 6-8)

6 – 9 PM

Siegel JCC

Cost: \$30 (\$20 for Club78 members) End the season with an epic quest across North Wilmington to complete the most challenges and win prizes for your whole team! Space is limited. Reserve your spot today! Register at [siegeljcc.org](http://siegeljcc.org) or for more information, contact Dan Metz at [DanMetz@siegeljcc.org](mailto:DanMetz@siegeljcc.org).

## MONDAY, MAY 15

### Einstein's Tree Planting

11 AM – 12 PM

Entrance to the JLoop

With an Urban and Community Forestry Grant, Einstein families will be planting trees for our campus. Volunteers welcome! For more information, please contact Rabbi Jeremy Winaker at 302-478-5026 or [jeremy.winaker@einsteinaday.org](mailto:jeremy.winaker@einsteinaday.org).

## MONDAY, MAY 15

### Einstein's Evening of the Arts

6:30 – 8 PM

Siegel JCC Auditorium

Einstein students are well-rounded. See their artwork, hear their songs, see and their dances, and join in support of the school. For more information, please contact Rabbi Jeremy Winaker at 302-478-5026 or [jeremy.winaker@einsteinaday.org](mailto:jeremy.winaker@einsteinaday.org).

## MORE ON NEXT PAGE



## COMMUNITYCALENDAR

Visit the Jewish Federation of Delaware website at [ShalomDelaware.org](http://ShalomDelaware.org) for a full, up-to-date listing of community events.

### WEDNESDAY, MAY 17

#### Jewish Great Books Meeting

May's Book: *Home in the Morning* by Mary Glickman

2 – 3:30 PM

JCC Boardroom

For more information, contact Anna Saul at [annasaul@siegeljcc.org](mailto:annasaul@siegeljcc.org).

### WEDNESDAY, MAY 17

#### Soup Salon

2 – 3:30 PM

JFS Wilmington

99 Passmore Road

Enjoy lunch and friendly conversations at this month's Soup Salon. Free for Brandywine Village Network members. \$5 for non-members. For more information, please contact Karen Commeret at 302-478-9411 ext. 112 or [kcommeret@jfsdelaware.org](mailto:kcommeret@jfsdelaware.org). Pre-registration is required.

### WEDNESDAY, MAY 17

#### YLD BBC Guest Bartending Night

6 – 9 PM

BBC Tavern and Grill

The Young Leadership Division and the BBC Tavern and Grill invite you to a Guest Bartender Night as we raise funds for our 2017 Annual Campaign that will be benefiting future YLD Programming. For more information, please contact Jessica Rosen at [Jessica@shalomdel.org](mailto:Jessica@shalomdel.org) or 302-427-2100. We look forward to seeing everyone!

### WEDNESDAY, MAY 19

#### Registration deadline for Educator's trip to the USHMM

Departure from Newark 6:15 AM

June 20th

Open to Delaware and Pennsylvania classroom educators, grades 6-12. Please join us for a day at the United States Holocaust Memorial Museum in Washington, DC. Explore the museum and learn about various programs and materials that are available for teachers and students. A member of the Halina Wind Preston Holocaust Education Committee will attend the trip to provide historical background and provide information. Register Online

at: [ShalomDelaware.org/HEC-Education](http://ShalomDelaware.org/HEC-Education)  
For additional information please contact: Gina Kozicki, 302-427-2100 x820 or Gina.Kozicki@ShalomDel.org.

### FRIDAY, MAY 19

#### Einstein's Annual Michal Cherrin Memorial Butterfly Release

2:4 – 3:05 PM

Einstein Entrance

Watch as we bring beauty into the world with the release of the 2nd/3rd grade science class butterflies into our garden and the world. For more information, please contact Rabbi Jeremy Winaker at 302-478-5026 or [jeremy.winaker@einsteinday.org](mailto:jeremy.winaker@einsteinday.org).

### SATURDAY, MAY 20

#### Girls on the Run 5K

9 – 11 AM

Wilmington Riverfront

Cheer on the Siegel JCC spring Girls on the Run team at the end of season 5K! For more information, contact [elenakupchik@siegeljcc.org](mailto:elenakupchik@siegeljcc.org).

### SATURDAY, MAY 20

#### Healing Hearts Co-Parenting Seminar for Divorcing Parents

9 AM – 3:30 PM (1/2 hour for lunch)

JFS Newark

288 E. Main Street

This six-hour certified program, taught by certified instructors and required by Delaware's Family Court, educates parents about the psychosocial and emotional issues of separating and divorcing parents and children. For more information and to register, please contact Jody at 302-478-9411 ext. 134 or [jgrinberg@jfsdelaware.org](mailto:jgrinberg@jfsdelaware.org).

### MONDAY, MAY 22

#### Candlelight Dinner

6 – 7:30 PM

Come out and be dazzled by Philly Senior Stage while enjoying a delicious dinner. 60 and better: \$8.00, under 60: \$10.00. Sign up in advance by calling the JCC at 302-478-5660.

### WEDNESDAY, MAY 24

#### Einstein Annual Meeting

7 – 9 PM

Albert Einstein Academy

Get the update on our Einstein Resurgence, honor the service of volunteers and the board, and celebrate a year to remember. For more information, please contact Rabbi Jeremy Winaker at 302-478-5026 or [jeremy.winaker@einsteinday.org](mailto:jeremy.winaker@einsteinday.org).

**MORE ON NEXT PAGE**

## Wilmington Friends School Camps • June 19 - August 25



### Lower School Camp

[lscamp@wilmingtonfriends.org](mailto:lscamp@wilmingtonfriends.org)

#### Preschool - 5th grade

Weekly themes, active games, and art; ice skating, swimming, and bowling; optional specialty camps including soccer, tennis, art, STEM Design, reading, and adventure camps.

### Middle School Camp

[mscamp@wilmingtonfriends.org](mailto:mscamp@wilmingtonfriends.org)

#### 5th - 9th grade

Choose Base Camp or Theme Camps: art, adventure, sports, drones, cooking, 3D printing and more.



Quaker matters. Come see why.

Visit us at [wilmingtonfriends.org](http://wilmingtonfriends.org) or call 302-576-2998.

**FRIDAY, MAY 26**

**Einstein 4th Grade Torah Reading & 2nd Grade Chumash Celebration**

7:30 – 9 AM

Congregation Beth Shalom

Hear our students chant Torah for their first time during morning minyan. A special ceremony for 2nd graders is added to enhance the experience. For more information, please contact Rabbi Jeremy Winaker at 302-478-5026 or jeremy.winaker@einsteinday.org.

**MONDAY, MAY 29**

**Musical Celebration of Israel**

6:30 PM

Adas Kodesch Shel Emeth

This year's Café Tamar, entitled "L'dor Vador – From Generation to Generation," celebrates the 60th anniversary of the concert and the 50th anniversary of the reunification of Jerusalem. An exciting program of music and dance will be performed by the AKSE and AEA dancers, Klezmer band, and outstanding soloists from throughout the community. Adult admission is \$10 paid in advance by May 25, \$12 at the door, and children under 12, \$5. For reservations and information call 302-762-2705 or email office@akse.org.

**FRIDAY, JUNE 2**

**Movie Matinee**

1 – 3:30 PM

JFS Wilmington

99 Passmore Road

Join members of BVN for a movie matinee at JFS. Popcorn will be provided! Free for Brandywine Village Network members. \$5 for non-members. For more information, please contact Karen Commeret at 302-478-9411 ext. 112 or kcommeret@jfsdelaware.org.

**FRIDAY, JUNE 2**

**Shabbat Under the Stars**

5:30 PM

Siegel JCC Picnic Grove

Congregation Beth Shalom invites the Community to experience Shabbat Under the Stars. Bring a dinner for your family at 5:30 pm. Snacks will be available for purchase at the JCC outdoor pool. Services will be lead by Rabbi Beals starting at 6:30 pm. For more information, call 302-654-4462.

**SUNDAY, JUNE 4**

**Jewish Music Festival**

10 AM – 3:00 PM

Siegel JCC

Cost: FREE

Free concert for the entire community

## COMMUNITYCALENDAR

co-sponsored by the Jewish Federation of Delaware and the J featuring six musical acts including Reese Ratliff, SONiA Disappear Fear and Six13, as well as a PJ Library craft. Food available for purchase from food trucks.

**MONDAY, JUNE 5**

**RSVP Deadline: Gail Weinberg Honoree Event (June 18, 2017)**

11 AM

Adas Kodesch Shel Emeth

Lifelong Jewish educator Gail Weinberg will be honored at a retirement brunch on June 18th for 33 years of dedication to Jewish education in our community. The deadline to RSVP is June 5th. The cost is \$20 per person, paid in advance. For further information about the event, please contact the AKSE office at 302-762-2705 or office@akse.org. In addition to the celebratory brunch, a Memory Book with Hebrew School photos and well wishes is being assembled to be presented to Gail at the brunch. If you would like to place a greeting in this book, please contact Dawn Abukasis at dabukasis@yahoo.com.

## COMMUNITYCALENDAR

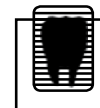
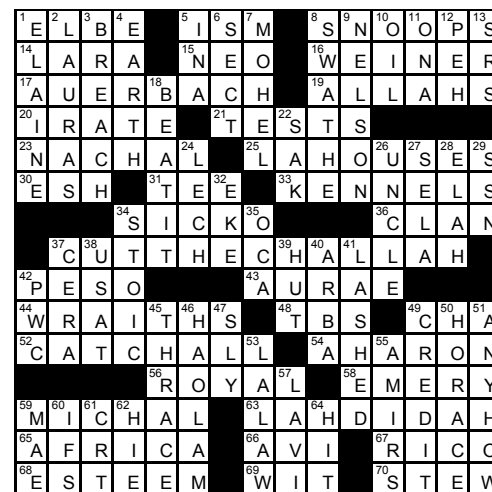
**DO YOU HAVE AN EVENT TO SHARE?**

Please use this edition as a formatting reference, and submit your Community Calendar event listings to: [jaidy@shalomdel.org](mailto:jaidy@shalomdel.org).

## JERUSALEM POST CROSSWORD PUZZLE SOLUTION

### AFTER PASSOVER

Puzzle is located on page 38



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# A HOUSE WREN FOUND HER WAY INTO MY HIKING BOOT THIS SPRING.

She nested there and decided to call it home. To my delight, I was able to reach out to a bird rescue expert in my neighborhood.

She's 14.

Generation Z. Einstein graduate. And her name is Emma Selekman.

Emma walked briskly down the tree-lined street, blonde hair loose in the breeze, barefoot (when I pointed this out, she replied, "shoes are overrated"), and most significantly: confident to investigate.

I couldn't have been more taken by her intellect and demeanor. She knew more about this little House Wren and the eggs it laid in my boot than the Delaware Audubon Society. She gave me a brief rundown of the species—which she identified in a split second by the teeny, spotted eggs—and offered some tips on how to handle the future family. Her knowledgeable affect was calm and beaming, not supercilious or spoiled. She smiled, made eye contact, and took her time.

## OUT OF THE NEST, AND INTO THE SKY

By Jaidy Schweers, Editor

Emma Selekman and one of her bird rescues

PHOTO SUBMITTED BY E. SELEKMAN

Who is this girl? And what tree did she fall from?

Future generations are getting a bad rap lately. Of course, let's remember, they always do. There's never an older generation who doesn't criticize the next.

Emma stood out.

After meeting with Emma, it was a situation of reverse mentoring, a concept I seldom get the opportunity to experience: the old and wise, learning from the new and wise. So I decided to later ask Emma her opinion of millennials and younger generations being accused of having an unhealthy sense of entitlement. She disagreed, "Younger generations are the ones who are going to save the world from things such as overpopulation of [animal] shelters, or making sure that the earth isn't destroyed by the trash that we create today."

While at first I was disheartened by her response, as it felt like the rhetoric all younger generations so ambitiously espouse these days: We want to create impact! We want to change the world! I was later intrigued by the way in which a young girl was so adamant about doing GOOD. For the world. *Tikkun Olam*.

How can that be bad?

Matt Moran, a millennial friend and Camp/Youth Coordinator for the Siegel J, believes that "the expectations set by previous generations dictates the behavior of the next." All people want to experience peace and a better world; every generation from the next, teaches one another this.

It should be no surprise that younger generations want to make an impact.

And so far, Emma has done just that. When she was in 6th grade she raised a bird from the time that it was first out of the egg—feeding it throughout sleepless nights—to the point when it could fly and hunt for food outside. Under her own initiative, she has rescued 38 dogs from the southern kill shelters since the summer of 2015. She said that she's witnessed dogs in some of the worst conditions, and that nurturing them back to health has been some of the hardest work.

While Emma's goal to be impactful is common among her generation, her patience and diligence may not be.

Simon Sinek, one of my favorite authors and motivational speakers, believes that because younger generations are a part of an immediate gratification culture, when it comes to standing at the foot of the mountain, millennials only see the summit:

*[Millennials] have this abstract concept called impact that they want to have on the world, which is the summit. What they don't see is the mountain. I don't care if you go up the mountain quickly or slowly, but there's still a mountain. And so what this young generation needs to learn is patience. That some things that really, really matter, like love or job fulfillment, joy, love of life, self-confidence, a skillset, any of these things, all of these things take time. Sometimes you can expedite pieces of it, but the overall journey is arduous and long and difficult and if you don't ask for help and learn that skillset, you will fall off the mountain.*

Of course there are always exceptions. There are people who do ask for help, endure the hard work, and don't fall off the mountain.

Emma opened my eyes to this.

Let generation after generation criticize, but let us also remember, that everything usually ends up fine, and in most cases . . . better.

Have patience grasshopper.



**Emma and a foster puppy**  
PHOTO SUBMITTED BY E. SELEKMAN

**"YOUNGER GENERATIONS ARE THE ONES WHO ARE GOING TO SAVE THE WORLD FROM THINGS SUCH AS OVERPOPULATION OF [ANIMAL] SHELTERS, OR MAKING SURE THAT THE EARTH ISN'T DESTROYED BY THE TRASH THAT WE CREATE TODAY."**

– Emma Selekman



# WE ARE STRONGER

TOGETHER



Every day of every year, the Jewish Federation of Delaware works with local, national and international agencies to transform lives and deliver hope, dignity and comfort to millions of people in Delaware and the Brandywine Valley, in Israel and around the world.

Please support the Annual Campaign and Create A Jewish Legacy so Federation and our local agencies and overseas partners can continue improving our world **Today, Tomorrow and TOGETHER.**



EinsteinDay.org



UDHillel.org



SiegelJCC.org



JFSDelaware.org



KutzHome.org



JAFI.org



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OF DELAWARE

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6.4.17



**FREE** JEWISH MUSIC FEST 2017

SUNDAY, JUNE 4

10 AM • 3 PM

SIEGEL JCC  
OUTDOOR CAMPUS

(Rain Location: Auditorium)

2 STAGES &  
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(Food available for purchase)

FUN FOR ALL

*festival acts*

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FEST 2017



For more information, email [KatieGlazier@siegeljcc.org](mailto:KatieGlazier@siegeljcc.org); or visit [siegeljcc.org](http://siegeljcc.org).

We gratefully acknowledge the generous support of the Danielle Rose Pavia Foundation.



JEWISH FEDERATION OF DELAWARE  
101 GARDEN OF EDEN ROAD  
WILMINGTON, DE 19803

# PLEASE JOIN US FOR THE 82nd ANNUAL MEETING

of the JEWISH FEDERATION OF DELAWARE

THURSDAY, JUNE 8, 2017  
6:30 PM @ THE SIEGEL JCC



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